

Sweet & Sour News



The Bi-Monthly Newsletter of the Cherrydale Citizens Association

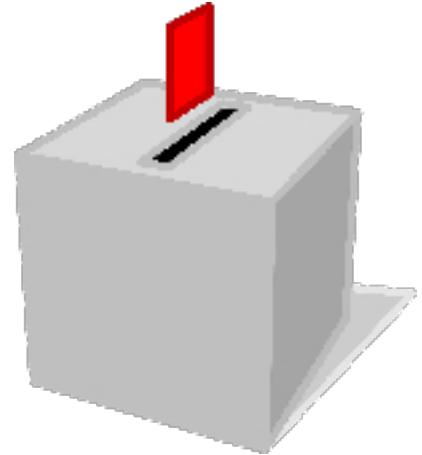
The Cherrydale Citizens Association ~ www.cherrydale.net ~ November 2016

Cherrydale Citizens Association Elections— November 16th

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Come to our meeting on Wednesday, November 16, at 7:30 pm at the Cherrydale Volunteer Fire Department on 3900 Lee Highway to vote for the officers of the Cherrydale Citizens Association. Each year, the CCA elects individuals to serve in each of our four officer positions: President, Vice-President, Secretary and Treasurer. Thank you Jim Todd, Gillian Burgess, and Katherine



Christiansen for your service. We are continuing our search for a new Secretary. CCA officers help make Cherrydale the terrific place it is. The officers help plan things like the Spaghetti Dinner Fundraiser in March, and the Cherrydale Fourth of July Party on Stafford Street. They also help other volunteers on committees to address things like Five Points Intersection, and the new Stratford Middle School, and other coming changes to Cherrydale and the surrounding neighborhoods. But we can't do it without our officers, and your votes. Make your count at our November meeting.

CCA General Meeting

*Wed, 11/16/16, 7:30 pm
at Cherrydale VFD*

Help Deliver the Sweet and Sour News

The Cherrydale Citizens Association is looking for volunteers to help deliver the Sweet and Sour News. Our newsletter comes out five times a year: January, March, May, July (sometimes), September, and November. Volunteers help distribute the newsletter to our block captains, who hand deliver it to each residence on our streets throughout in Cherrydale. Contact CCA President Jim Todd at president@cherrydale.net if you'd like to help out.

CCA is looking for a new Secretary

The Cherrydale Citizens Association is looking for a new Secretary to run in our November election. All four officers are needed to participate in our every-other-month Officers Meetings, assist in our Cherrydale events, and help set the agenda for Cherrydale. Please contact CCA President Jim Todd at president@cherrydale.net for more information.

I-66 Widening: Public Hearing

A hearing will be held at Washington-Lee on December 5th, for the public to review and provide comments on the preliminary design plans and the findings of the Environmental Assessment (EA) for the Transform 66 Inside the Beltway Eastbound Widening Project

This meeting will be of interest to Cherrydale residents concerned about noise and air quality, as well as traffic on I-66. Please attend!



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We love our old-fashioned Sweet & Sour News, hand-delivered by our fellow Cherrydalers six times a year right to your front door. (And look elsewhere in the issue for a special thank you to those volunteers!) It's the best way to make sure we reach everybody in Cherrydale.



But we are continuing to expand our electronic presence as well.

You can keep up with the Cherrydale Citizens Association and stay in touch with your fellow Cherrydalers on Cherrydale.net, our Yahoo! List Serve, Nextdoor, and Facebook, and you can follow us on Twitter. Links to all of these social media options are on our own cherrydale.net website. And we are working on bringing back our recommendations page.

Join us! And thank you for your support!

COMPANY FLOWERS! & GIFTS, TOO!

**During the Month of November!
Advent Candle Centerpiece**

The Washington Post:
Arlington's "quirky" gift shop

2107 N. Pollard St. Arlington, Va
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More Volunteer Help Needed!

As you can see from our Page 1 article, we need someone to volunteer as Secretary of the CCA. However, our volunteer help does not end there.

We currently have need for volunteers to take over the following positions:

- Welcome Wagon
- Web Editor
- Social Coordinator

One person had been doing all of these tasks— it would be great if we could get multiple people to handle this role!

Also, if it has ever been your dream to be the editor of a neighborhood newsletter, well, your dream can come true!

Your current editor, Chris Vargas, has recently accepted a different volunteer position as Scoutmaster of Boy Scout Troop 149. As such, his weekends are now spent camping instead of laying out newsletters. If someone else could please take over as editor (involves a few days of frantic assembly and coordination every other month) I, er, he, would be very appreciative.

Thanks!



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Don Beyer Visits Cherrydale Health and Rehabilitation Center

On August 3, Congressman Don Beyer visited The Cherrydale Health & Rehabilitation Center.

He met with administration and nursing staff for a facility tour and operations information session. He interacted with residents to hear about their positive experiences at the Center, and met teen volunteers from the YouthWorks program working at the Center.



Accompanying Rep. Beyer was his District Director and Cherrydale resident Noah Simon.

The tour wasn't Rep. Beyer's first visit to the facility-- his grandfather was a resident nearly thirty years ago.

An advertisement for Partners Estate Sales. The background is a photograph of a room with a window, a table, and two chairs. The text 'Partners Estate Sales' is prominently displayed in a large, bold, serif font. Below it, in a smaller font, is 'an affiliate of Quinn's Auction Galleries'. At the bottom, the slogan 'Your keepsakes. Their treasures.' is written in a white, serif font, followed by the phone number '703.532.0002' and the website 'www.partnersestatesales.com'.

Zumba Classes! *by Sandy Weiss Yatt*

Many of you don't realize the fabulous exercise resource that we have within our midst - I'm talking about the Zumba classes that are held every Sunday at 11 AM at the historic Cherrydale fire hall. I'm a long-time Cherrydale resident and am delighted to have such easy access to a great workout.

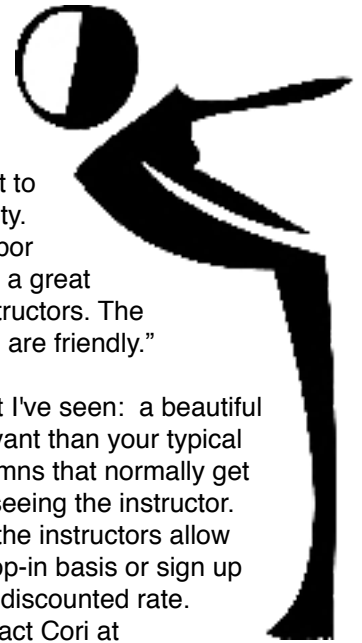
Zumba is a fitness program featuring movements inspired by various styles of Latin American dance – it is a very popular program with classes held all over the world. It's so popular because of the energy, the music and the fitness results; during the one-hour class, you burn a significant amount of calories and you sweat A LOT!

Instructors Cori Price and Tanya Nuchols take turns teaching at the fire hall switching off alternative weeks. They are both skilled dancers and instructors, very motivating and really make class fun. And having two instructors allows you to get real variety in terms of style and music. While we dance mostly to Latin music, they also throw in some hip hop, some Zoca (Caribbean African dance) and even some Bollywood! Students in our classes represent all age ranges and skill levels – believe me, you don't need to be an experienced dancer

or avid exerciser to get a lot out of Zumba! Most come from Cherrydale and other neighborhoods close by, a great opportunity to get to know others in the community. As fellow student and neighbor Stephanie Tebor says, "I get a great workout, led by first-rate instructors. The music is fun, and the people are friendly."

The space is one of the best I've seen: a beautiful wood floor that is more buoyant than your typical gym floor and it has no columns that normally get in the way of movement or seeing the instructor. The format is very flexible: the instructors allow you to pay for class on a drop-in basis or sign up for a series of sessions at a discounted rate. For further information, contact Cori at zumbaconcori@hotmail.com and Tanya at dancefitwithtanya@gmail.com.

Neighbors, please come join us - the more the merrier. You will get a fabulous work out and have a lot of fun! Hope to see you on Sundays!



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Cherrydale Library Happenings!

2190 N. Military Road: 703-228-6330 — Coffee Friendly!
<http://www.CherrydaleLibrary.org>

Library Hours

Monday	10AM–9PM	Thursday	10AM–9PM
Tuesday	1PM–9PM	Friday	10AM–5PM
Wednesday	1PM–9PM	Saturday	10AM–5PM
	Sunday		CLOSED

Two Storytime Programs (No Registration Required):

- "Twos and Over Storytime" (ages 2-5 yrs.), Tuesdays, 4:30 pm: Through Nov. 15.
- "Stop In for Stories" (ages 0-5 yrs.), Thursdays, 10:30 am: Through Nov. 17.

"Paws To Read" For Emerging Readers & Kids who Love Dogs! For K-5 students... On the 1st and 3rd Sats. of the month, 3–4 pm, by appointment... specially trained dogs will be available for 15-min. reading sessions . . . **free, but pre-registration is required** . . . call or stop by circulation desk.

Yoga on First Wednesday of the Month!: 6:15–7:15 pm. On library balcony learn new yoga techniques from Sun & Moon Yoga Studio! Dates: Nov. 2 and Dec. 7. Free.

"Tech Help": Weekly program on Thursdays, 5:30–8:30 pm. Having difficulty with a computer program or just need some help figuring out how to do something on the computer? Sign up for a 30-min. one-on-one tutoring session. **Free, but pre-registration is required.** Contact library.

Knitting Club: Every Wed., (7:30–8:30 pm). All skill levels are welcome. For adults, teens, and older kids with a parent.

Come Write In - NANOWRIMO Write-In!: Sat., Nov. 12 (10 am–4 pm). November is National Novel Writing Month (NANOWRIMO). The Library wants to give you a place to get the words flowing. Bring your pencil, computer, or notebook and get to work. Join us for an all ages write-in. Wi-fi, coffee, and snacks provided.

Book Discussions for Adults: Check web site for complete schedule and book descriptions. Limited copies are available a month in advance for those signing up. Call ahead. Nov. 14: David McCullough's *The Wright Brothers*; Dec. 5: *Nothing Is True and Everything Is Possible: The Surreal Heart of the New Russia*. Meets at 7:30 pm.

Craft N'Coffee Programs for Adults: Start your morning with a cup of coffee, and a craft you can keep! Mon., Dec. 5: Holiday window clings; Mon., Dec. 12: Mini recycled wreaths. Time: 10:00am–11:30am **Register on-Line on Adult Programs page at <http://www.CherrydaleLibrary.org>.

On exhibit: "Solitudes: Photographs by Sarah Hood Salomon" November 2–January 31. Sarah has a unique cutting-edge style and has held major gallery exhibitions throughout the Washington area. To see one of Sarah's photos, go to the library [web site above](http://www.CherrydaleLibrary.org).

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- Reusable Shopping Bags: \$10 for 4 Qty: _____ x \$10 = _____
- Reusable Shopping Bags: \$3 for one Qty (to 3): _____ x \$3 = _____
- Baseball style cap: \$10 Qty: _____ x \$10 = _____
- T-shirt (circle size): \$10 Qty: _____ x \$10 = _____
- Adults sizes: S M L XL XXL
- Children's: S M L or Infant
- Ceramic Mug: \$10 for four Qty: _____ x \$10 = _____
- Ceramic Mug: \$3 for one Qty (to 3): _____ x \$3 = _____
- Sport water bottle: \$10 Qty: _____ x \$10 = _____
- TOTAL: \$ _____

I've enclosed \$ _____. Please deliver my items to me at (please print):

Name: _____ Phone: _____

Address: _____

Contact Katherine Christensen at treasurer@cherrydale.net with questions.

Make check payable to: Cherrydale Citizens Association

Mail form and check to: CCA, Katherine Christensen, 1909 N. Randolph Street, Arlington, VA 22207



CCA CONTACTS

CCA Officers:

President

Jim Todd, president@cherrydale.net

Vice President

Gillian Burgess, vp@cherrydale.net

Secretary

Jim Todd (temp), president@cherrydale.net

Treasurer

Katherine Christensen, treasurer@cherrydale.net

Civil Federation Delegates:

CCA Officers, president@cherrydale.net

NC Advisory Committee Reps:

Harry Spector, nc@cherrydale.net

Jim Todd, president@cherrydale.net

Welcome Wagon:

VACANCY! HELP NEEDED!

Historian:

Kathy Holt, sdakss@aol.com, 703-528-1548

Listserv Administrator:

CherrydaleCitizens-owner@yahoogroups.com

Web Editor (www.cherrydale.net):

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Newsletter Editor:

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Newsletter Distribution Captains:

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Dorothy Sauer: djsauer13@yahoo.com

North: Chrisna Baptista, chrisna.tan@yahoo.com

East: Amy Wheelock, vacherrys4@gmail.com

Newsletter Advertising:

Laurel Gowen, laurelgowen@gmail.com

Social Coordinator:

VACANCY! HELP NEEDED!

Streetscape and Tree Canopy Committee:

Bill Novack, wjnovack99@aol.com

Erik Meyers, erikmeyers@verizon.net

Ron Kampeas, ronkampeas@msn.com

JOIN THE CCA — PAY 2016 DUES

Dues are due in January of every year BUT can be paid as early as the prior November.

Dues help cover the cost of community events, our website and this newsletter.

Mail form & payment to:

CCA, Katherine Christensen, 1909 N. Randolph St, Arlington, VA 22207

_____ \$5 Household _____ \$10 Business _____ \$1 Seniors (Age 60 +) _____ Donation

Name: _____

Email: _____ Phone (preferred #): _____

Address: _____

I'd like to help by volunteering for (circle below):

social, website, parks, photos, other: _____

To join the Cherrydale listserv, send an email to:

CherrydaleCitizens-subscribe@yahoogroups.com

Contact: Katherine Christensen at treasurer@cherrydale.net for more details.

Recent Hot Topics on the Listserv:

voting, new yard waste cans, bus routes, restaurants, repair recommendations, referrals, dog walkers...

If you're not on the listserv, you're missing out!

To subscribe to the listserv, send an email to:

CherrydaleCitizens-subscribe@yahoogroups.com

CONNECT WITH US!

Visit our website (www.cherrydale.net) for lots more information about Cherrydale! You'll also find links to our CCA Google Calendar, our LinkedIn Group, our Facebook page, and our Yahoo! Group.

