

# Sweet & Sour News



The Bi-Monthly Newsletter of the Cherrydale Citizens Association

The Cherrydale Citizens Association ~ [www.cherrydale.net](http://www.cherrydale.net) ~ September 2015

## “Discover Cherrydale” Returns on October 25!

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### CCA General Meeting

Wed, 09/21/15, 7:00 pm  
at Cherrydale VFD

Back by popular demand, the Cherrydale Business Alliance is putting together another Discover Cherrydale event for Sunday, October 25, from 12–4pm along Lee Highway. This year will feature a beer garden, food trucks, a blood drive, corn hole, a moon bounce, and many more community activities to enjoy as Cherrydale businesses and citizens come together to celebrate our neighborhood. Come out to see what local businesses have to offer in your back yard. New this year—kids can dress up early for Halloween and participating businesses will have candy and stickers for the early trick-or-treaters!

Registration is still open for businesses (both brick and mortar and home-based), entertainment and volunteers (all registering at [www.cherrydalebusiness.org/event-directory/](http://www.cherrydalebusiness.org/event-directory/)). If you are interested in volunteering only (not participating as a business), please register at the form and skip the payment portion.

## Bring Your Kids to the September 21st CCA Meeting!

Kids from ages 1 to 101 are invited to our September meeting of the Cherrydale Citizens Association on Monday, September 21, at 7:00pm at the Cherrydale Volunteer Fire Department, 3900 Lee Highway, to talk with County Parks Designer Kathy von Bredow and tell her what kind of playground improvements you want to see in Oak Grove Park.

The County is replacing the existing tot lot play-equipment and adding a new play area for kids ages 5–12. Kathy will return to our November CCA meeting for a final vote. With luck, the new playground will be built in the summer of 2016. Don't miss this! It will be great fun!

## 18th Annual Cherrydale Parade, November 7

Mark your calendars for Saturday, November 7 for the 18th annual Cherrydale Parade. The parade starts moving at 11:00am sharp! The Washington-Lee High School Band will lead off

*con't p. 2*

## State, County Board, and School Board Candidates Forum on October 19

With fall election season underway, the Cherrydale Citizens Association is once again hosting a candidates forum on Monday, October 19 at 7:30pm at the Cherrydale Volunteer Fire Department, 3900 Lee Highway.

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## 18th Annual Cherrydale Parade, November 7 (cont'd from p.1)

the parade and our own Cherrydale Volunteer Fire Department will bring up the rear.

Everyone is invited to be in the parade. You can drive, ride or walk (or bike, or whatever!). There is no registration and no fees, but you must be a Cherrydale resident (or guest) or own a business that is located here. If you want to be in the parade, come no later than 10:30am. We line up in front of Saint Agnes Church on Randolph Street, and end on Quebec Street, where (after the parade ends) there will be food, prizes and contests. Contests will include Twinkie eating and cherry pie eating. Like the old days, we will be serving burgers, dogs, etc. so save your appetite for an after-parade lunch!



Prizes will be awarded for best decorated stroller, best decorated bike, best costume, best decorated vehicle or float, best old car, best group, best business, etc. If you want to donate a prize for any category, let us know!

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## Candidates Forum (cont'd from p.1)

We will have State Senate candidates Barbara Favola and George Forakis; Arlington County Board candidates Katie Cristol, Christian Dorsey, Audrey Clement, and Mike McMenamin; and Arlington School Board candidates Reid Goldstein and Brooklyn Kinlay. Audience members will write their questions down, be called on to ask their question, and the candidates will have two minutes to answer. This is an important part of civic duty, so please come to this meeting.



## A Call for New CCA Officers

The Cherrydale Citizens Association is looking for a new Secretary and a new Social Chair. If you are interested in helping make Cherrydale the awesome place that it is, contact Jim Todd for more information, at [jim@cherrydale.net](mailto:jim@cherrydale.net).

### TAX PREPARATION SERVICES

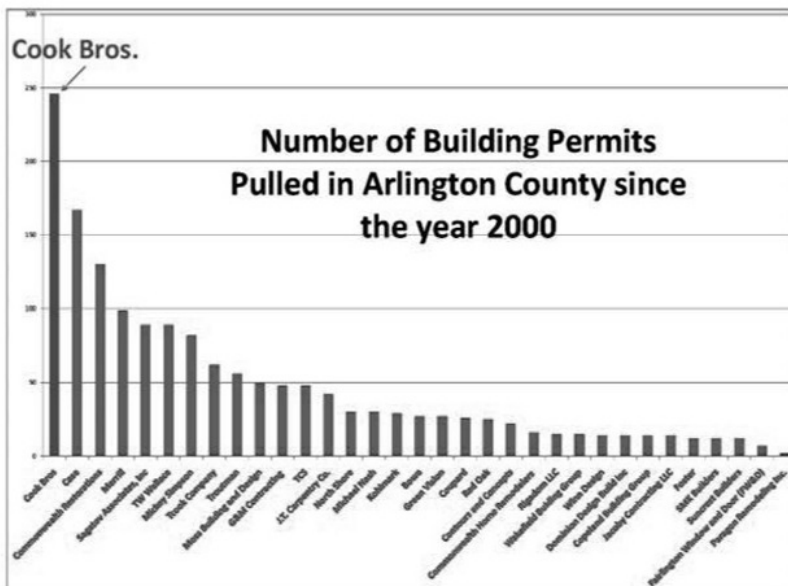
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[www.CookBros.org/CherrydaleGraph](http://www.CookBros.org/CherrydaleGraph)





## Thanks to our Cherrydale Businesses and Volunteers for the Fourth of July Party!

Thank you to our Cherrydale businesses and volunteers for making the return of the Cherrydale Fourth of July Party a huge success! We had hamburgers and hot dogs donated by Safeway, hand-cranked Italian



Ice by Teresa and Steve Lent, tea and cookies from House of Steep, and donations from Koons Toyota, Cherrydale Motors, Cherrydale Health and Rehabilitation Center, Browns Honda, Christine Reardon, Essy's Carriage House, Joyful Spirit Gifts! We also had cash and food donations from our Cherrydale residents! The food was great, and DJ Bobby G was outstanding! The face painting, moon bounce and water fights were awesome, and the reading of the Declaration of Independence by Michael DeCarlo was rousing. And the glow sticks and the fireworks were the best! And we couldn't have done it without our volunteers!

Thank you, Melissa Buelow, Adam Day, Catie Sullivan, and Jim Todd for organizing this event, and thank you to all the rest of the countless volunteers who helped us set up and clean up the event and attendees who brought delicious food for the potluck. See you next year!

Does your garden need a re-set?  
Got weeds? Short of time? Traveling?  
Need to prune, divide, plant or mulch?

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**Sun 9a.m. to 5 p.m.**





# Cherrydale Library Happenings!

2190 N. Military Road: 703-228-6330 — Coffee Friendly!  
<http://www/CherrydaleLibrary.org>

### Library Hours

Monday	10 a.m. – 9 p.m.
Tuesday	1 p.m. – 9 p.m.
Wednesday	1 p.m. – 9 p.m.
Thursday	10 a.m. – 9 p.m.
Friday	10 a.m. – 5 p.m.
Saturday	10 a.m. – 5 p.m.
Sunday	CLOSED

### Fall Kids' Programs

#### Two Storytime Programs (No Registration Required)

"Over Twos" Storytime (ages 25 mo–5 yrs.), Tuesdays, 4:30 pm, starting Sept. 15–Nov. 17.

"Stop In for Stories" (ages 0–5 yrs), Thursdays, 10:30 am, starting Sept. 17–Nov. 19.

**"Paws To Read: For Emerging Readers & Kids who Love Dogs!"** For K–5 students starting on Sept. 19 and continuing on the 1st and 3rd Sats. of the month, 3–4 pm, by appointment. Specially trained dogs will be available for 15-min. reading sessions \*\*Free, but registration is required.\*\* Call or stop by circulation desk.

**Crime Scene Fingerprinting:** Sat., Oct. 31, 3-4 pm: For elementary school kids. Learn how to dust for fingerprints and see if you can solve the crime! First come, first served. Limited to 15.

**Come in Costume!** Sat., Oct. 31, all day. There will be special treats for those in a Trick or Treat mood!

### Adult & Teen Programs

**"Meditation For Optimum Well-Being,"** with Gerry Gorman: Wed., Sept. 23, 7 pm.

**"Tech Help":** Weekly program, now on Mondays & Thursdays, 5–8 pm. Having difficulty with a computer program or just need some help figuring out how to do something on the computer? Sign up for one-on-one tutoring sessions. \*Free, but pre-registration required.\* Contact library.

**Knitting Club:** Every Wed., (7:30–8:30 pm). All skill levels are welcome. Older kids with an adult also welcome.

**NANOWRIMO! (National Novel Writing Month) Write In:** Sat., Nov. 14, all day. Grab some snacks and settle in to work on your 50,000 words!

**Book Discussions for Adults:** Check web site above for complete schedule and book descriptions. Limited copies are available a month in advance for those signing up. Call ahead.

- Mon., Sept. 21, 7:30 pm: *A Constellation of Vital Phenomena*, by Anthony Marra.
- Mon., Oct. 19, 7:30 pm: *The Boys in the Boat*, by Daniel James Brown.
- Mon., Nov. 2, 7:30 pm: *Orphan Train: A Novel*, by Christina Baker Kline.



# Fun Fitness at your Firehouse

Tues, Thurs 10 am

Our certified trainer Silvia Murphy is a real gem

*"She makes me work and she makes me laugh"*

Men and women: All fitness levels  
Drop ins welcome: First time free  
Upstairs at Cherrydale Volunteer Fire Dept

Sessions start Sep 8

**CherryFitVA.com**  
a neighborhood co-op

## Zumba in Cherrydale

by Sandy Weiss Yatt

Many of you don't realize the fabulous exercise resource that we have within our midst—the Zumba classes that are held every Sunday at 11 AM at the Cherrydale fire hall. I'm a long-time Cherrydale resident and am delighted to have such easy access to a great workout. Zumba is a very popular fitness program featuring movements inspired by Latin American dance. It's popular because of the energy, the music and the fitness results; during the one-hour class, you burn calories and you sweat A LOT!



Instructors Cori Price and Tanya Nuchols are both skilled dancers and instructors, very motivating and really make class fun. And having two instructors allows you to get real variety in terms of style and music—we dance mostly to Latin music, but also some hip hop and even some Bollywood!

Students in our classes represent all age ranges and skill levels. Most come from Cherrydale and other neighborhoods close by. As fellow student and neighbor Stephanie Tebor says, “I get a great workout, led by first-rate instructors. The music is fun, and the people are friendly.”

The format is very flexible: the instructors allow you to pay for class on a drop-in basis or sign up for a series of sessions at a discounted rate. For further information, contact Cori at [zumbaconcori@hotmail.com](mailto:zumbaconcori@hotmail.com) or Tanya at [dancefitwithtanya@gmail.com](mailto:dancefitwithtanya@gmail.com).

Neighbors, please come join us — the more the merrier. You will get a fabulous work out and have a lot of fun! Hope to see you on Sundays!

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**Visit these light switch events:**

- Westover Farmers Market, Sunday, Sept. 6, 8 a.m. - noon
- Arlington Farmers Market, Saturday, Sept. 19, 8 a.m. - noon
- Central Library, each Saturday in Oct., 10 a.m. - noon
- E-CARE at TJ Middle School, Saturday, Oct. 3, 8:30 a.m. – 3 p.m.

**Be Smart, Think LED!**

Arlington Initiative to  
**Rethink Energy**  [www.ArlingtonEnergy.us](http://www.ArlingtonEnergy.us)  
[www.facebook.com/ArlingtonAIRE](http://www.facebook.com/ArlingtonAIRE)

# Stratford Middle School Update

Arlington Public Schools (APS) plans to renovate the building that currently houses the HB Woodlawn and Stratford programs and convert it to a neighborhood middle school to open in Fall 2019 (HB and Stratford programs will move to a new school being built at the Wilson site near Rosslyn). The Building Level Planning Committee (BLPC) for the new Stratford Middle School has had 10 meetings over the last several months to discuss site concept design options. The BLPC consists of representatives from the neighborhoods surrounding the school (including Cherrydale), as well as APS staff and PTA representatives.



The next BLPC meeting is tentatively scheduled for September 14 (though that date is subject to change) and community members are welcome to attend. At the next meeting, APS's architects plan to present four concept plans for the BLPC to discuss. The BLPC will then choose one concept plan to recommend to the school board. The School Board and County Board will each need to approve a final design. You can find the updated schedule for the BLPC meetings and project as a whole at <http://www.apsva.us/Page/29586> and more details at [cherrydale.net](http://cherrydale.net).



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## CHERRYDALE GIFTS

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**Car Magnet: \$3** Qty: \_\_\_\_\_ x \$3 = \_\_\_\_\_  
**Reusable Shopping Bags: \$10 for 4** Qty: \_\_\_\_\_ x \$10 = \_\_\_\_\_  
**Reusable Shopping Bags: \$3 for one** Qty (to 3): \_\_\_\_\_ x \$3 = \_\_\_\_\_  
**Baseball style cap: \$10** Qty: \_\_\_\_\_ x \$10 = \_\_\_\_\_  
**T-shirt (circle size): \$10** Qty: \_\_\_\_\_ x \$10 = \_\_\_\_\_  
 Adults sizes: S M L XL XXL  
 Children's: S M L or Infant  
**Ceramic Mug: \$10 for four** Qty: \_\_\_\_\_ x \$10 = \_\_\_\_\_  
**Ceramic Mug: \$3 for one** Qty (to 3): \_\_\_\_\_ x \$3 = \_\_\_\_\_  
**Sport water bottle: \$10** Qty: \_\_\_\_\_ x \$10 = \_\_\_\_\_  
**TOTAL:** \$ \_\_\_\_\_



I've enclosed \$ \_\_\_\_\_. Please deliver my items to me at (please print):  
 Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Contact Katherine Christensen at treasurer@cherrydale.net with questions.  
 Make check payable to: Cherrydale Citizens Association  
 Mail form and check to: CCA, Katherine Christensen, 1909 N. Randolph Street,  
 Arlington, VA 22207

## JOIN THE CCA — PAY 2015 DUES

**Dues are due in January of every year BUT can be paid as early as the prior November.**

Dues help cover the cost of community events, our website and this newsletter.

Mail form & payment to:

CCA, Katherine Christensen, 1909 N. Randolph St, Arlington, VA 22207

\_\_\_\_\_ \$5 Household \_\_\_\_\_ \$10 Business \_\_\_\_\_ \$1 Seniors (Age 60 +) \_\_\_\_\_ Donation

Name: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone (preferred #): \_\_\_\_\_  
 Address: \_\_\_\_\_

I'd like to help by volunteering for (circle below):  
 social, website, parks, photos, other: \_\_\_\_\_

To join the Cherrydale listserv, send an email to:  
 CherrydaleCitizens-subscribe@yahoogroups.com

Contact: Katherine Christensen at treasurer@cherrydale.net for more details.

### Recent Hot Topics on the Listserv:

crime, curb alerts, safer crosswalk on Lee Hwy at Safeway, Safeway renovation, Cherrydale businesses, referrals, nannies...

**If you're not on the listserv, you're missing out!**

To subscribe to the listserv, send an email to:

[CherrydaleCitizens-subscribe@yahoogroups.com](mailto:CherrydaleCitizens-subscribe@yahoogroups.com)

## CCA CONTACTS

### CCA Officers:

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### NC Advisory Committee Reps:

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## CONNECT WITH US!

Visit our website ([www.cherrydale.net](http://www.cherrydale.net)) for lots more information about Cherrydale! You'll also find links to our CCA Google Calendar, our LinkedIn Group, our Facebook page, and our Yahoo! Group.

