

Sweet & Sour News



The Bi-Monthly Newsletter of the Cherrydale Citizens Association

The Cherrydale Citizens Association ~ www.cherrydale.net ~ September 2014

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Important Dates

September

CCA General Meeting

Wed, 9/24/14, 7:30pm at the CVFD

(Agenda: NC Plan VOTE and

author talk with Bill Hamrock - see

Feature Article for details →)

Vote to Approve the Updated NC Plan at the CCA Meeting on Sept. 24!

by Maureen Ross

Do you remember the Cherrydale Survey many of you completed in Spring of 2013? Well, the results of that 183 question survey form the backbone of our new Cherrydale Neighborhood Conservation Plan. Once this plan is approved by the CCA it goes before the county-wide NC committee for approval, then the Planning Commission and finally the County Board. It then becomes our ten year plan going forward and it gains us crucial "points" for winning our next three NC projects. These projects are major, such as new sidewalks, parks improvements, etc. We won't get new projects approved without these points.

This has been a tremendous effort, taking an astounding amount of volunteer time. It won't be perfect but it is comprehensive and it comes from your responses and two years of work. We debated adding so many photos as it makes printing expensive, but pictures are worth a thousand words. So, we will try to have 2-3 paper copies for loaning but we ask that most of you read the plan online at: <http://www.cherrydale.net/neighborhood-conservation>. This is not a time for word smithing or editing. Contact me at president@cherrydale.net with any questions or concerns.

We will hold the vote on the NC plan at our 9/24 CCA meeting at 7:30PM at the Cherrydale Volunteer Fire Dept. Following the vote, we will have an authors talk by Bill Hamrock, owner of Pasha's Cafe, on his new book about Cherrydale and Arlington. Come for the vote, stay for the talk and meet your neighbors.

(Please note: You must pay your dues in order to vote!)

CCA Officers Election; Need New Social Coordinator

by Maureen Ross

November is traditionally when we have elections for CCA Officers. You can read the job description for each position in our bylaws located on the Cherrydale.net website. We elect president, vice-president, treasurer and secretary.

We are also looking for a volunteer to be our social events organizer and Debra Berke (who we have LOVED) has to step down. Hopefully our editor Meg Ryzewski will remain editor.

Please call any of us to ask about the positions. You can put as much into it as you wish, or be a minimalist, it's still appreciated. And if you want to volunteer, but not as an officer, we have spots in our Parks Committee, 5-Points intersection committee, Events, Welcome Wagon, the Lee Hwy Development Group, and more. Give me a call if interested in any of these. 703 675 3035.

CHERRYDALE BUSINESS *by Meg Miller Rydzewski*

BL James & Son

703-243-0655

bljamesandson@comcast.net

BL James & Son is a mechanical contractor that includes full service residential and commercial HVAC, plumbing and electrical sales installation and service. The firm has been in business in Cherrydale since 2000. It is a family-owned business. The family has lived in Cherrydale for over 20 years.

According to BillJames, "a lot of our customers are our neighbors and people we interact with throughout the County through our involvement with our children, church and volunteering. We genuinely care about our customers and will never try to sell you something that you don't need. We will treat your family just like our own."

Bill says that they like Cherrydale because of the small town feel and the strong sense of community within the neighborhood.

"We make service calls on most holidays if there is something that can't wait."

Personal Training by Nicole Hurren

703-403-9054

Nico5_5@yahoo.com

Nicole Hurren, who has a Masters degree in Sports Management, has been a Personal Trainer for over 15 years. "I started my own business focused on individual personal training after I had my first child almost 10 years ago. We now have 3 children. I specialize in Pre/Post natal fitness, core training and weight loss."

She supplies all of the fitness equipment for her clients, including free weights and stability and medicine balls. Each workout is based on her clients' individual health and fitness goals. Each workout is different, challenging and fun. "The best part is I come to your home. There is no need to drive anywhere and you can workout in the comfort of your own home." Nicole says she loves the Cherrydale area because of the great schools and parks. "We're surrounded by many examples of healthy living and we have plenty of choices for kids sports." She is running a Personal Training special to all Cherrydale residents through the month of November.

Joyful Spirit Gifts (NEW!)

3315 Lee Highway 703-294-4142

www.joyfulspiritgifts.com

Joyful Spirit Gifts, located at Lee Centre across from Cherrydale Motors, opened its doors for the first time on September 6. The Catholic gift shop, owned by Cherrydaler Meg Miller Rydzewski, sells gifts and supplies for all sacraments, as well as for everyday religious needs. Inside, you will find books, statuary, art, crosses and crucifixes, religious jewelry, holiday decor, and greeting and prayer cards.

"Unlike many other religious shops, we also carry Baptism gowns, children's religious costumes for school or church plays, and in the spring we will be fully stocked with First Holy Communion dresses, veils, shoes, frilly socks, and neckties for the boys." Meg also wanted to support other local businesses. She sells a selection of religious jewelry, stained glass and decoupage frames made by local artists (see photo). Joyful Spirit Gifts is open 10am-6pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays; 1pm-8pm on Thursdays; 1pm-5pm on Sundays. Free and easy parking. Special/bulk orders welcome. Come and take a look!

COMMUNITY / SOCIAL

A Letter from Fr. Edlefsen at Saint Agnes Church

Greetings from St. Agnes. As your new neighbor, I would like to introduce myself. I am Fr. Frederick Edlefsen, the new administrator of St. Agnes Church. It is my pleasure to join the community in this part of Arlington County. I moved here from Fredericksburg, where I was the Chaplain at the Catholic Campus Ministry at the University of Mary Washington for the past seven years. Previously, I was Chaplain at Bishop O'Connell High School and a parish priest at St. James in Falls Church. I look forward to settling in, once again, in northern Virginia, and I hope to meet many of you over the next few years. I ask for your prayers and support, so that St. Agnes continues to serve the Arlington community, with its school, outreach to the poor and elderly and other activities.

I would like to invite all Cherrydale residents to our parish picnic on Sunday, September 28, 1:00 to 4:00pm. All are welcome to join us for food, fun and fellowship.

Many blessings to you all!

Sincerely, Fr. Frederick Edlefsen

Book Nook

by Maureen Ross

Check out the new display at the old auto parts store (AKA the ART CORNER) on Lee and N Lincoln St. Tova Solo has organized another crew to display Cherrydale and Maywood book covers. Laura Florick was at Tova's side, or rather up on the ladder doing all the hard work. Laura is Marcy Gessel's niece and a Cherrydale resident for the past year when, as a recent graduate of Kansas University in archeology and anthropology she's been interning at the Smithsonian.

We have an amazing range of book topics and authors. If you are a resident and author,(or if you work here) we would be glad to display your published book, too. Contact Tova Solo tovasolo@gmail.com. We plan to host a few more author talks too, either at the Art Corner or at House of Steep or other sites. The display will be there until mid October, when it might be removed in order to put up a map of Lee Hwy, Roslyn to East Falls Church as part of the charrette process for citizen input on Lee Hwy development.

Cherrydale Library Happenings

The Cherrydale Branch Library; 2190 N. Military Road; 703-228-6330; www.CherrydaleLibrary.org; Coffee Welcome!

Hours: Mon 10am-9pm, Tue 1pm-9pm, Wed 1pm-9pm, Thu 10am-9pm, Fri 10am-5pm, Sat 10am-5pm, Sun Closed

Fall Kids' Programs: Two Fall Storytime Programs (No Registration Required):

Tuesdays @ 4:30pm "Over Twos" (ages 2-5): Sept. 9 - Nov. 18 (except Nov. 11).

Thursdays @ 10:30am "Stop in for Stories" (ages 0-5): Sept. 11 - Nov. 20.

"Paws To Read": For Emerging Readers & Kids who Love Dogs!: Specially trained dogs will be available for 15-min. reading sessions, by appointment from 3:00 to 4:00 pm. For K - 5 students. Sessions are scheduled for the 1st and 3rd Saturday of each month. **Free, but registration is required.** Call or stop by circulation desk.

Adult & Teen Events

Intro to Yoga: Join Natalia from Sun & Moon. On Wednesdays in Sept., 7:30-8:30 pm. ** Free, but registration required for each session.

Book Discussions for Adults: on a Mon. of each month. Check web site above for more complete schedule & book descriptions. Limited copies available a month in advance for those signing up. Call in advance.

Mon., Oct. 6, 7:30 pm: The Light Between Oceans: A Novel, by M.L. Stedman. A New York Times bestseller.

Mon., Nov. 3, 7:30 pm: Thunder At Twilight: Vienna 1913/1914, by Frederic Morton, a finalist for the National Book Award.

Healthy Living for Physical & Spiritual Health: Tues., Sept. 23, 7 pm - 8:30 pm: Karin Silverman, licensed massage therapist, discusses the benefits of a vegetarian diet and will present a simple meditation technique.

"Open Door" Chats with a County Board Member: At least one County Board member will be at Cherrydale Library to meet with anyone who drops by. This program repeats every third Monday of the month through Nov., from 7 to 9 pm.

Public Invited to Photo Exhibit Reception: Save the date! On Wed., Oct. 8, from 7:00 to 8:30 pm, Bill Hamrock will host an opening reception on the library balcony for his exhibit of photographs of old Arlington. Bill, who co-owns Pasha Cafe, is exhibiting photos selected from his recently published history book, We Are Arlington. Pasha Cafe will be catering the event.

UPDATES

Minutes from the July CCA Meeting

by Maureen Ross

We had an unusually large crowd at the July meeting. Officers Maureen Ross and Katherine Christensen were in attendance.

Announcements – Pasha Café will turn the water fountain feature on for weekends. Musician group Kitchen Gorilla will play at Cherrydale Park next to Pasha's August 24th, a Friday. A farmers market opportunity in Cherrydale has come and gone. A Charette is planned for getting input from citizens about Lee Hwy development from Roslyn to East Falls Church.

John Vihstadt, newest County Board Member came to listen to our concerns. We spoke of the importance of better, more efficient county relations with VDOT and utility companies so work and repairs can progress at reasonable pace not the current slow crawl. We discussed the Lee Hwy "presidents" group which has been meeting monthly for over a year to start planning what we want to see develop along Lee. We aired our concerns over lack of upkeep of the sidewalk and tree isles along Lee Hwy. We learned about County endeavors and especially about John's interest in gaining an internal audit/inspector general system in County.

We then had a presentation by Alexander Chi and wife Jeanny Ho about their proposal for a Cherry tree orchard along the bike path starting where the pedestrian bridge crosses over Lee Hwy along and continues wrapping along I-66. The trees there are swallowed in invasive vines. Patrick Wegeng in Parks attended and after discussion we came up with the following proposal which the CCA approved unanimously.

Tree Planting and Maintenance (Beautification)

by Maureen Ross

On July 17, 2013 the CCA vote unanimously to approve an orchard of flowering trees. Specifically, an alley of cherry trees on N. Johnson Street by the VDOT wall (adding 6 more to the half dozen there now). We hope the blossoms will eventually spill over the wall visible to I66.

In addition, thanks to the energy, vision and effort of Alex and Jeanny Chi, with further expertise from Patrick Wegeng, the land bordering the Custis Trail, just south of entrance to the overpass of Lee Hwy near I66, will become our 3 season flowering native tree orchard.

Over 100,000 people use this trail annually, and it will be a beautiful addition/focal point for Cherrydale and the county.

Patrick Wegeng has enlisted Cherrydaler Eric Johnson, an Eagle Scout, for a Community Leadership project for this site. He is shooting for a volunteer work crew to come out Oct 11 and is hoping for 25-30 volunteers. If you can lend a hand, — either with hard labor or snacks — let me know.



Alexander Chi presenting flowering tree proposal to CCA May 2014, winning unanimous approval

Lee Hwy Development Planning

by Maureen Ross

Wikipedia defines a design Charrette as "an intense period of design or planning activity." I have offered to display a map of Lee Hwy on the inside of the windows of the Art Corner (Lee and Lincoln St), allowing us to write on the outside with special erasable markers. I am hoping we can have several events where citizens can come by and mark their wishes on windows in the erasable markers, take photos, clean and repeat. That's the goal anyway. The Lee Hwy planning discussions began with the presidents of Lee Hwy neighborhoods meeting for breakfast once a month to learn about what the challenges are from various expert view points. Now we hope County will give funds to hire a consultant to run the Charrette, which will help in creating the 10-20 year plan for Lee and hence for our own neighborhoods. The fact that Cherrydale has completed our Neighborhood Conservation Plan will also help in planning our section of Lee Hwy.

Sidewalk by Safeway to Be Replaced

by Maureen Ross

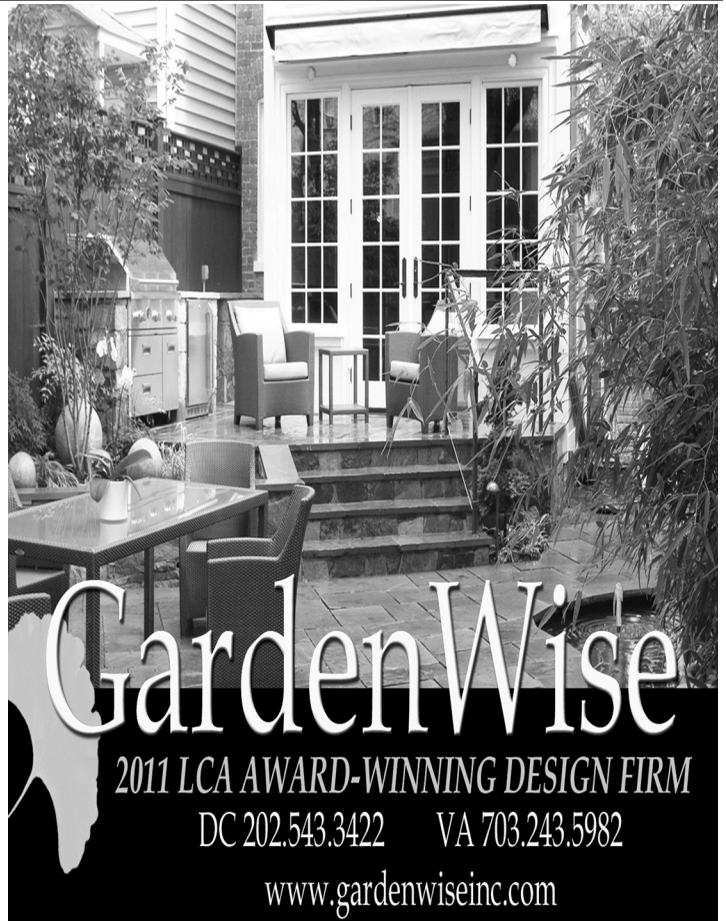
According to Dave Hundelt, Chief Operating Engineer, Safeway is about to start on their project to replace the sidewalk from their driveway along Lee hwy to the corner at Monroe. You probably noticed how the brick pavers undulate, and the walk is fairly wavy and a tad dangerous.

The sidewalk will go back as poured concrete in County's "high density design spec", so nicer than typical residential sidewalk, but not the same as the bricks which continue to be a maintenance issue through there. They recently did some adjustments to the pavers along the side and rear frontages of the building itself to address more localized issues.

Letter to County Regarding Snow Removal Procedures

by Maureen Ross

On August 5, CCA President Maureen Ross and Reade Bush, Snow Removal Committee, sent a letter to Jay Fissette, Chairman of the Arlington County Board, to express concern about snow removal in Cherrydale. Please visit our website to read it at: www.cherrydale.net/snow-removal.



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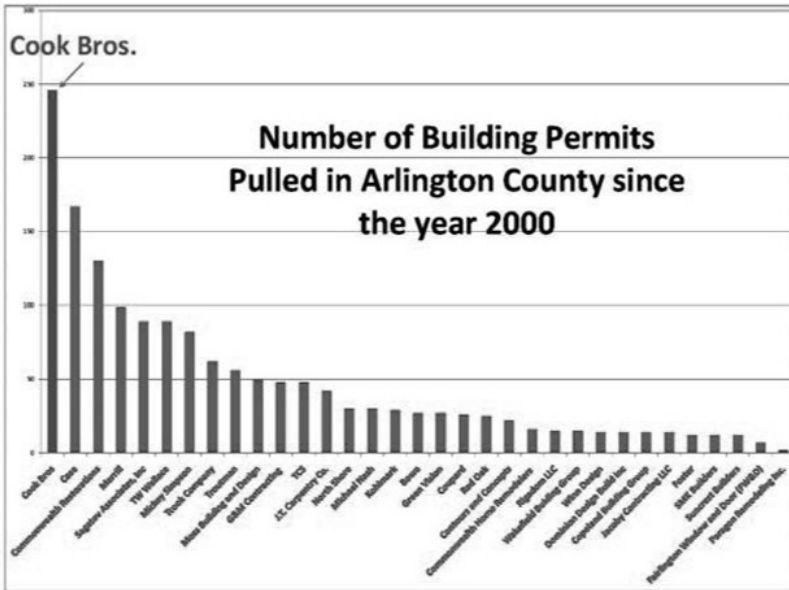
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Goodbye Curves, Hello Cherry Fit: Firehouse Fitness Classes Begin Sept 9

by Teri Murphy

On a trial basis for the month of September, two certified fitness trainers are offering low-impact, low-cost classes for women at the volunteer firehouse. Classes are Tuesday and Thursdays at 10 a.m. through Oct. 2. When our local Curves closed in June, Teri Murphy of Pollard Street was desperate. "I'm such a couch potato, the only way I'll take a fitness class is if it's in walking distance," she said. So she contacted trainers and rented space at the firehouse. She is calling her team Cherry Fit, and they are providing a very unusual opportunity for attendees to "vote" on the kind of training they want.

"If we get enough women, we'll continue indefinitely," Teri said. "Classes will be appropriate for all fitness levels--or at least anyone able to climb the stairs to the social hall. It's the perfect space: hardwood floors, strong AC, and a great sound system. We are so lucky to have a facility like this in Cherrydale. And the neighborhood coordinator, Tracey Price, was extremely helpful in setting everything up."

During the September pilot, Cherry Fit sessions are \$8 each, and the first class with each trainer is free. Subsequent pricing will depend on how many women sign up. For information, contact terimurphy@myfastmail.com or see the website www.CherryFitVa.com.



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 Make check payable to: Cherrydale Citizens Association
 Mail form and check to: CCA, Katherine Christensen, 1909 N. Randolph Street, Arlington, VA 22207

JOIN THE CCA - PAY 2014 DUES

Have you paid your dues for 2014? Dues are due in January of every year BUT can be paid as early as the prior November.

Dues help cover the cost of community events, our website and this newsletter.
 Mail form & payment to:
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 Contact: Katherine Christensen at treasurer@cherrydale.net for more details.

Recent Hot Topics on the Listserv:

crime, curb alerts, safer crosswalk on Lee Hwy at Safeway, Safeway renovation, Cherrydale businesses, referrals, nannies...

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