

Seniors in Action! from page 5



For information call 703-228-4745.

• **Join seniors at the Wisdom Works** Connections Café, Thursdays, 1p.m.-3p.m., Walter Reed Senior Center. Explore volunteer opportunities plus recreation, learning and social connections. Computers available. Free. Call for details, 703-228-4745.

• **Chess club**, Mondays, 10 a.m., instruction, 10:30 a.m., games, Madison Senior Center. No fee. Call for details, 703-228-5285.

• **Mah Jong**, Mondays, American style, 10 a.m., Aurora Hills, 703-228-5722; Thursdays, American and Chinese style, 9:30 a.m., Langston-Brown, 703-228-5321. No fee.

• **Scrabble**, Fridays, 10:15 a.m., coaching available. Call for details, 703-228-0955.

• **Poker**, Tuesdays and Thursdays, 10 a.m., Lee Senior Center, 703-228-0555. Newcomers welcome.

• **Classes in English** as a Second Language (ESL) for seniors, are offered at Langston-Brown Senior Center, every Monday, 10 a.m.. No fee. Call for details, 703-228-5321.

• **Dining Out Clubs** The Lunch group dines out on the first Thursday and the dinner group dines on the second Wednesday of each month. Call for details, 703-228-5285.

• **Music appreciation** group at Culpepper Garden Senior Center meets every Friday, 1:30 p.m. – 3:30 p.m. January subjects will include female composers, degenerate music, English composer Malcolm Arnold, diabolical music, Italian composers, Bohemian composer Antonin Dvorak, Norwegian composer Edvard Grieg.

• **Crafters workshop**, every Wednesday, 10:30 a.m. – 1 p.m., Culpepper Garden Senior Center. Call for details, 703-228-4403. No fee.

• **Yarn Crafters**, Aurora Hills Senior Center, meets every Monday, 10:30 a.m.-2 p.m., to knit and crochet items for charities. Yarn and patterns provided. Call for information, 703-228-5722.

• **TOPS (Take Off Pounds Sensibly)**, weight loss support group, meets every Monday, 9:30 a.m. a.m., Lee Senior Center. \$24 annual dues includes monthly newsletter. Call for details, 703-228-0555.

• **Oil and acrylic painting** classes, taught by Larry Isham, Mondays, 10 a.m.- noon, Lee Senior Center and Wednesdays, 10 a.m. – noon, Culpepper Garden Senior Center. Cost is \$24 for four two hour classes. Call for details, 703-228-4403.

• **All types of exercise classes** and programs are offered at senior centers including aerobics, pilates, tai chi, yoga, strength training, flexibility, balance, walking clubs, water exercises, personal trainers and weight rooms. Call for information, 703-228-4745.

• **Table tennis**, 10 a.m.-noon, Walter Reed Senior Center. Group plays Mon.-Fri. Newcomers welcome with or without experience. No fee. Call for details, 703-228-0955.

• **Pickleball** is available for seniors in the mornings, Mon.-Fri., Thomas Jefferson Community Center. Sport is similar to tennis with

a low net, plastic paddle and ball. No fee except annual registration of \$15 with Office of Senior Adult Programs. For more information, call 703-228-4745.

• **Volleyball** for seniors every Tuesday, Langston-Brown Senior Center, 1:30 p.m. (practice), 2 p.m. (games). Great exercise; all level of players welcome. No fee. Call for information, 703-228-4745.

• **Are you interested in golf, tennis, senior basketball?** If so, call Jennifer Collins, Office of Senior Adult Programs, 703-228-4745.

• **PERFORMING ARTS GROUPS**
Lee Jammers, Madison Senior Center, 2nd & 4th Mondays, 10:15 a.m., 228-0555

Just Playin' Country, Madison, Sr.Center, 1st & 3rd Mondays, 10:15 a.m., 228-0555
Encore Chorale, L-B Senior Center, every Tues., 2 p.m., 228-5321

Merrymakers, TJ Comm. Center, every Wed., 10:30 a.m., 228-5920

Songfellows, Culpepper Garden Sr. Center, every Thurs., 10:00 a.m., 228-4403
All groups welcome new members. Call for more information, 228-4744.

Harry, Brian
Bill (Vacation Lane) Traffic Calming 3 • Financial Report 9 • Cherrydale Tree Planting 15 Feb. 15*

SWEET&SOUR NEWS

THE BI-MONTHLY NEWSLETTER OF THE CHERRYDALE CITIZENS ASSOCIATION • ISSUE 1 • JANUARY / FEBRUARY 2008

Cherrydale and County Meet to Discuss Lee Highway Issues

Recorded by **Maureen Ross**

This meeting took place December 12 and those present were Abe Bibzadeh, Mary Pierce (County Tree Planner), Steve Brown (County contractor, R.E. Lee Electric Company), Maureen Ross, and Bill Harkins, both from Cherrydale.

Issues: 1) The snail's pace effort to underground the power lines along Lee Hwy:

I believe the undergrounding project for electric, cable and phone wires for Lee Hwy has been 15 year in the making! Currently RE LEE Electric Company has the contract. A few of the last steps include installing conduits at two different locations on Lee Hwy. The first location is by Bono Films next to the I-66 on-ramp and the 2nd location is by the welding shop. They are also doing meter conversions on properties impacted by the undergrounding, which is required before Country/contractor turns this project to the utilities for the final undergrounding work.

Problem 1 is that County couldn't get an easement for the conduit by Ivy Welding. The owner of that property Neal Nickles (Red Top Taxi) will however allow a conduit at the edge of the property by Cherrydale Motors.
Problem 2 is worse: Down by Bono Films the storm water run off drain (an old one) makes it difficult to plant the conduits and other "stuff" underground. So to make room the County had to raise the

ground at least 3 feet. Then on TOP of that mound they need to add the 6 ft tall transformer. This is unfortunate because it blocks the view of bicyclists coming down the bike path onto Lee Hwy just where other bicyclists might be riding down Lee with a less than optimal view of the bike path.

As a result of our outcry, County is willing to shrink the storm water pipe from 3 ft to 15 inches right there bc they don't think this particular pipe is used. However, even if that is true, by doing the extra work they only shrink the mound about 15 inches. And it

will cost an extra 100,000\$! And still there would be a view obstruction because the transformer is so tall anyway.

County needs an easement from Bono films to put the transformer back further on
continued on page 18

Executive Summary Accessory Dwelling Report to the Arlington County Housing Commission from the Accessory Dwelling Subcommittee

COUNTY IS CONSIDERING A PROCESS that will allow single family detached homes and duplexes to add new-construction living spaces for rent or personal use. These are called "accessory dwellings" and would be limited to no more than 2 adults per unit, and no more than 1 unit per lot. Cherrydalers may want to consider how this potential regulation could affect our neighborhood. The proposal allows home-owners to make additional money in rent, and at the same time, adds greater density, in people and probably cars. Adding an accessory dwelling increases the property value, as well as makes housing more affordable. In the law of unintended consequences could this process drive up property values so much that in order to afford to live here

continued on page 6

Cherrydale Citizens Association 2008 Membership Form

Have you paid your dues for 2007? It helps cover the cost of community events and this newsletter. Cherrydale merchandise is also available! Just include payment with your membership and we'll deliver the items to your home.

___ \$5 Household ___ \$10 Business ___ \$1 (Age 60 or Over) Donation \$ _____

Name _____ Email _____

Address _____

Phone (evening) _____ Phone (day) _____

I'd like to help by volunteering for: _____

I've added \$ 5, please deliver a drinking glass. Please include me in the CCA phone book

___ I've added \$10, please deliver a hat! Please add me to the list serve (this will remain private)

___ I've added \$10, please deliver a 100 % cotton tee-shirt! Adult sizes: S M L XL XXL (limited edition black shirts in sizes L and XL) Children's: S M L or Infant (circle size) and 50/50 poly/cotton t-shirts in beige or blue, variety of sizes and cuts (French or Crew), \$5 each or 3 for \$10

Contact treasurer@cherrydale.net for details and make checks payable to: **Cherrydale Citizens Association** and mail to: **Katherine Christensen, 1909 N. Randolph St, Arlington, Virginia 22207**

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SWEET&SOUR NEWS

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Membership Dues are due for 2008 in January

The Happy New Year Word Search



TREADMILL
BOWLGAMES
YADAYADAYADA
OLDACQUAINTANCE
AULDLANGSYNE
TRANSFORMATION
TIMESSQUARE
HANGOVER
MIDNIGHT
RESOLUTION
VOLUNTEER
ORGANIZED
BLACKKEYEDPEAS
CHAMPAIGN
FOOTBALL
FAMILY
FITNESS
BRUNCH
LOWCARB

BLACKKEYEDPEASDI
ATURESOLUTIONSL
VOLUNTEERRZIMUI
YADAYADAYADAHFC
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OLDACQUAINTANCE

Santa Draws a Big Crowd. Thanks CVFD and Friends!



Arlington Arts: January



Through January 13 **Kafka's Dick, by Alan Bennett and The House of Yes, by Wendy MacLeod:** In repertory by Washington Shakespeare Company: Kafka's Dick, by Alan Bennett (The History Boys) and The House of Yes, by Wendy MacLeod. In Kafka's Dick, the great writer returns, surprised to discover that his dying wish that his writings be burned was not carried out; Bennett builds a Stoppardian farce around his scintillating conceit. The House of Yes, by Wendy MacLeod, takes place in McLean, VA, and centers around a delectably quirky family, that includes a pair of twins maintaining a bizarre fascination with the Kennedy assassination. Check the website for the schedule. Clark Street Playhouse 703-418-4808 www.washingtonshakespeare.org

Through January 19 **Exhibitions: Hope and Fear and Winter Solos 2007** Hope and Fear is curated by Carol Lukitsch, and features eight area artists whose paintings, sculpture, prints and drawings explore their hopes and fears. The artists are Shahla Arbabi, Janis Goodman, Laurel Hausler, M.V. Langston, Sandra Parra, Michael Platt, Rachel Waldron and Steven Williams. • **Winter Solos 2007** features the work of Jennifer Levonian (short animations), Joe Mannino (large ceramic hand sculptures and photographs) and Young Kim (installation of life size portraits made of granular salt and red clay powder). Arlington Arts Center 703-248-6800 www.arlingtonartscenter.org

Through February 24 **Ella: Arena Stage is moving to Arlington's Crystal Forum** while its DC theatre is being renovated, it will open its temporary stay in Arlington with the regional premiere of the sizzling musical, Ella, which takes you inside the heart and soul of the First Lady of Song - Ella Fitzgerald. While she is rehearsing for an important 1966 concert, Ella's producer requests that she add "patter" about her life to the show, and with this daunting task before her, she starts to revisit the people and events of her past. The play stars Tina Fabrique as Ella, who performs such hits as "That Old Black Magic", "A Tiskit, A Taskit" and "They Can't Take That Away from Me". The Crystal Forum is adjacent to the Crystal City Metro station. Check the website for directions. Crystal Forum 202-488-3300 www.arenastage.org

January 4 - January 26 **Cops, by Terry Curtis Fox (1976):** An urban police station house becomes a battle zone in the gritty drama that inspired Hill Street Blues. American Century Theater. Gunston Theatre Two 703-998-4555 www.americancentury.org

January 11 - January 27 **The Wild Party, by Michael John LaChiusa:** Manhattan decadence in the 1920s provides the backdrop for this tough musical fable. The guests at the wild party are an unruly collection, and it rages to a mounting sense of threat as artifice and illusion are stripped away. Dominion Stage. Gunston Theatre One 703-683-0502 www.dominionstage.org

January 11 - February 2 **F.U. (Forgive Us- what'd you think we meant...?), by Keith Bridges:** A bitter little comedy about facing up to your fears...and getting spanked by them. Join us as we watch Karl implode from the pressures of his rotten job, his crappy marriage, and the sheer weight of his weaselly personality. Can Karl turn his pathetic life around? Charter Theatre. Theatre on the Run 202-333-7009 <http://www.chartertheatre.org>

January 11 - January 19 **Cinderella:** When Cinderella's cruel stepmother prevents her from attending the royal ball, she gets some unexpected help. The Children's Theatre. Thomas Jefferson Theatre 703-548-1154 www.en-corestage.org

January 12 **National Chamber Ensemble Concert:** Arlington's newest classical music group presents the second concert of its "Groovin' to the Classics" season. Program: Haydn: Piano Trio ("Hungarian Style"); Shostakovich: Piano Trio No. 2 in E minor Op. 67; and Beethoven: Piano Trio in D major Op.70 No. 1 ("Ghost"). 7:30 p.m. Tickets are \$25 from Ticketmaster.com. Rosslyn Spectrum 703-573-SEAT www.nationalchamberensemble.org

January 15 - February 17 **Glory Days:** Four high school friends reunite one year after graduation to discover how dramatically their lives have grown apart. While they attempt to reconnect and understand each other's differences, nothing can compare to the glory days of high school when life was simpler and all appeared right with the world. Signature Theatre 703-820-9771 www.signature-theatre.org

January 17 **Film: Mother of Mine (2005):** During World War II, more than 70,000 Finnish children were evacuated to neutral Sweden. This film tackles that painful patch of history in a tale of Eero, a 9 year old child who increasingly feels abandoned by his biological mother, and not attached to his Swedish surrogate mother. Cross-Cultural Cinema Series, a Planet Arlington event. 6:30 p.m. Arlington Central Library 703-228-6340 www.planetarlington.com

January 17 **Friday Morning Music Club (on Thursdays):** Free lunchtime chamber: Suite #6 in D Major, BWV 1012, John Kaboff, cello; J.S. Bach: Four Duets, BWV 802-805, Marion Richter, violin, James Lieberman, cello; and Selected Italian songs and arias, Angela Lorenzo, soprano, Allison Shafer, piano. Noon - 1 p.m. Free Ellipse Arts Center 703-228-7710

January 19 **DO-Theatre: Germany's Movement Based Theatre:** This exciting cultural exchange brings the opportunity to see "HANGMAN/Game Theory", a sinister noir-tinged, 1920s gangster dance theatre piece that recently won an award at the Edinburgh Fringe Festival. The five performers use Aurora Nova to create a world that is part Charlie Chaplin, part Chicago the musical and part film noir. Rooted in the physicality of post-communist Russia's movement based theatre traditions, the DO-Theatre is based in Arlington's sister city, Aachen. A Planet Arlington event. 8 p.m. Information: 703-228-1850. Rosslyn Spectrum \$20 703-573-SEAT www.ticketmaster.com

January 20 **The Dream: 39th Annual Tribute to Dr. Martin Luther King, Jr.:** The event will feature Mount Zion Baptist Church, the OGS Inspirational Choir, Drama and Angels of Zion Dance Ministry, Rev. Dr. Leonard N. Smith, Senior Minister. Presented by the Arlington Department of Parks, Recreation and Cultural Resources, in partnership with the Arlington County Public Schools. 7 p.m. Free. Thomas Jefferson Theatre 703-228-5210 www.arlingtonva.us/prcr

January 26 - March 8 **Romeo and Juliet:** After dazzling audiences and critics alike with wordless adaptations of Macbeth and Hamlet, Synetic Theatre adds another Shakespearean tragedy to its silent repertoire. Using its unique fusion of movement, music and drama, Synetic takes the star-crossed lovers on a new heartbreaking journey through Shakespeare's world of love, hate, passion and violence. Rosslyn Spectrum 703-824-6200 www.classika.org

Lee Highway Minutes, from page 1

the property but a number of years ago this prospect was approached in a manner that infuriated Mr. Bono, cost him thousands in legal and surveyor fees, and left very negative feelings. So it was ruled out. Now, members of the CCA are working with Mr. Bono and County to see if we can find a mutually agreeable resolution. Stay tuned.

2) Sidewalk obstructions along Lee Hwy: per our original sidewalk tour report, there is a new lamp post blocking the middle of sidewalk on Lee Hwy by the Exxon station. County will get an easement to curve around a lamp (into private property) rather than move the lamp post.

3) State of the Maple trees along Lee Hwy and the plan for replacement: the tree island at the bus stop in front of Philippine Market has been spruced up and a new tree planted - a Zelcalba. Six Zelcalbas were also planted to replace dead and dying ones in front of the 7/11 area. We need the Bromptons issue to be resolved before new trees can be placed on that side of Lee. We pointed out the sunken tree island 1 down

from Dunkin Donuts, and R.E. LEE contractor will fill it in with good soil NOT SAND! We have asked for more shade trees along Lee between Lincoln and 66. The only spots available are by utilities, and County and Vdot don't want tall trees there. This can be argued. There would be no trees on most streets if there were a law against trees near wires.

4). State of the 2005/2006 tree planting project: We got 88 trees from the County to replace the trees cut down for the new fire station; All 88 of the trees have been planted. Evan Lacopo who will post the locations on the website.

5). NEW sidewalk obstruction on Lincoln St by Masonic Lodge! We waited about 4-5 years for repair of a gapping 10ft section of sidewalk on Lincoln St just up from Lee Hwy. Unbelievably this November the contractor repaired the sidewalk and placed a new phone pole smack in the middle of it. This is the exact spot we pointed out on the sidewalk tour which inspired the County to make a new rule: "The County has now adopted a policy requiring right-of-way permit applicant to show a road profile for all

new installations indicating that the new riser and cable will be installed on the sides of the pole where it would not narrow the sidewalk."

Abe Bibizadeh, County's utility engineer/project manager, was asked to have that pole moved toward the curb but he says it's too expensive. Instead he wants to try for an easement to make a curved sidewalk around the pole, taking a bit of the Masonic Lodge parking lot (a few feet). This is not ideal as these curves are not easily maneuverable. County and utility companies all were forewarned about this spot. The companies need to do the job right - move the phone pole to the side of the sidewalk!

6). Trash cluttered around bus stop at Philippine Market. - We asked for a trash can there. County will consider placement. Metro does NOT empty the trash cans at bus stops. There is a lot of Dunkin Donuts litter there and on the island and landscaping at the corner of Lee and Monroe Power Station.

We collected Cherrydale comments for feedback to the County. Comments included: "while we were happy to see some [trees] replaced quickly, we would like to have been given choices / community input as to types of trees." 🙏

Vacation Lane Neighbors Seek CCA Support in Traffic Calming Measure

Below is a letter from Maywood resident Steve Taylor explaining a traffic calming proposal and seeking the endorsement of CCA. Mr. Taylor or his surrogate will be at CCA's January meeting to fully explain the project and share up to the minute information.

Residents of the 3600 block of Vacation Lane have been working with the County on a traffic calming plan. That block is at the eastern end of Vacation Lane where it intersects with Lorcom Lane and North Monroe Street, opposite the Methodist church. County speed tests have revealed an 85th percentile 32 mph speed for the block, making it eligible for traffic calming assistance.

Interested residents at a series of meetings this fall expressed to County representatives the belief that the biggest problem is cars using the wide-open intersection as a high-speed exit from Lorcom onto both Vacation Lane and North Monroe Street. The situation is worsened by the placement of the Vacation Lane stop sign in a spot where one cannot see vehicles heading east on Lorcom. There's an equivalent problem with the Monroe Street stop sign and Lorcom westbound traffic.

Vacation Lane resident Kevin Foltz devised a plan for combining and narrowing the ends of Vacation and Monroe, making the high-speed exits impossible. County engineers translated that plan into a project proposal that could be constructed without taking anyone's property. (The County draft plan may be seen below.) The plan involves improved sign placement and better sidewalks and crosswalks. It is highlighted by a small landscaped area which will enhance the appearance of the neighborhood.

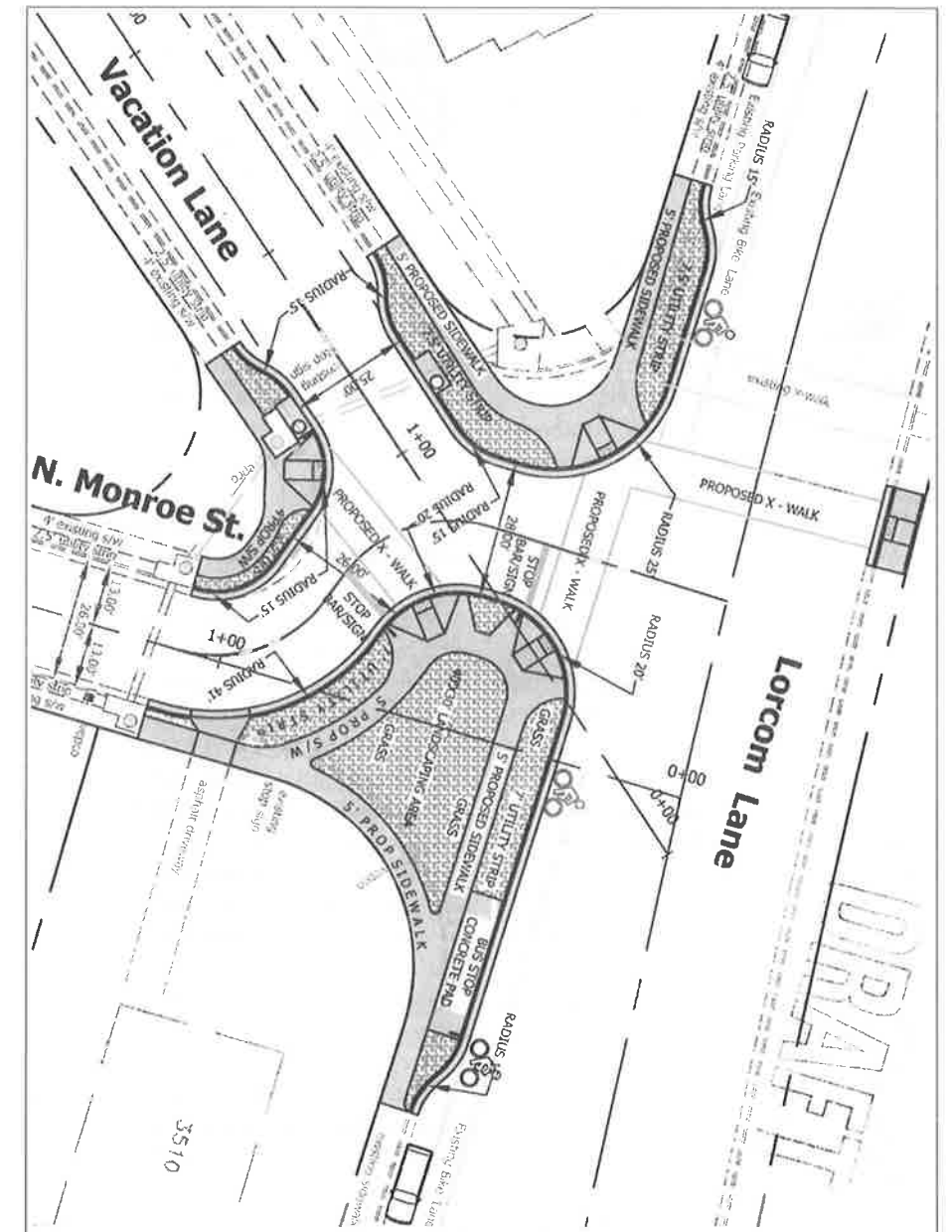
Once the involvement of North Monroe Street came under discussion, residents of the 2300 block of North Monroe Street were invited to participate in the planning meetings. At a December 13 session at H-B Woodlawn school, several residents objected to the plan's proposal to introduce a curve at the foot of Monroe so that it will end at Vacation instead of Lorcom. The questions concerned whether the turn would be too sharp, especially during icy conditions. A County engineer said that the plan can be "tweaked" to address the concerns. Asked

about the possibility of "flipping" the proposal, i.e., curving Vacation into Monroe, the engineer said that alignment would slow down the Fire Department vehicles that regularly use Vacation to reach neighborhoods across Lorcom Lane.

To deal with speeding farther up the 3600 bloc of Vacation Lane, the proposal would define the existing parking lanes with white paint for 100 feet eastward from North Pollard Street, with an option to extend the painted lines the length of the block if necessary. There is no proposal to construct speed cushions or to add yellow

center lines. Following the unveiling of the adjusted County plan at a meeting in January, it was expected that there will be a vote — one vote per house — among residents of the two blocks plus those homes on Pollard and Lorcom at the relevant corners. Should the proposal be approved by residents, it will go before the County Traffic Calming Committee. If that committee approves it, the plan will be presented to the County Board.

Steve Taylor
703 465 8604



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Ideas Even a Toe-Dipper in the Green Pool Can Deal With

New Year's Eco-Resolutions for 2008

by Annie Bell Muzaurieta for The Daily Green

1. I will relinquish my title of Most Likely to Acquire Useless Crap I Don't Wear or Need.

Admit it — your closet is full of had-to-have items that have been punished to a life of hanging unworn. You have enough notepads, pens, books, magnets, and collectible tchotchkes to fill a mini storage unit. Yes, our purchases keep the economy going, but most of us buy far more than we need. (There are whole TV shows dedicated to demonstrating ways to unclutter!) Remember that packaging, waste, and pollution are created to make these items available to you. If you trash those once-new goodies when you're no longer interested in them, they will live in a landfill for years and years. It's time to clean out, and stop the crap collecting.

2. I will avenge my phantom load.



Phantom load has nothing to do with the pounds that mysteriously appeared on your midsection over the holidays. The term refers to the energy wasted by electronics and power chargers when they are plugged in but not in use. That's right — your computer cord, cell phone charger, and time-telling DVD player are all sucking energy from the outlet even when there isn't anything attached or being watched (hence the spooky phantomness). Actually cut the power to your electronics by plugging them in to a power strip and flipping the switch to off when you're not watching or listening.

3. I will be smarter than bottled water companies and drink for free what they are trying to sell me.



Kicking the plastic water bottle habit might sound like an impossible feat if you're as addicted as the average thirsty American; last year we consumed about 50 billion plastic water bottles. If the fact that plastic is bad for the environment doesn't get you to quit, just think: Several bottled water brands use the same H2O that's avail-

able from your faucet. So buy an eco-chic reusable stainless steel bottle, and refill it throughout the day — for free. If you're parched at the mere thought of quitting cold turkey, ease into a plastic-bottle-free life by bringing one less bottle a week to the gym, or by giving them up at the office.

4. If I can remember to TiVo "Dancing with the Stars," I can remember to bring my own bags to the grocery store.



It's as if plastic shopping bags are required to exit a store—the disposable sacks are forced on customers even when the purchase is just a can of soda. But plastic bags are made from petroleum and only about 1 percent of the estimated 500 billion to 1 trillion Annie Bell plastic bags consumed worldwide are recycled each year. Most end up in landfills (where they take perhaps 1000 years to decompose) or in the sea. If you start bringing your own bags now, you'll be ahead of the curve if plastic ones become outlawed in your community.

5. I will switch to recycled paper products at home (but not if they make me chafe).

We know there are some folks out there who must have two-ply, but even you can commit to changing just one thing. If you have a Larry David-like aversion to recycled toilet paper, try the paper towels. If brown won't match your kitchen colors, look for recycled paper towels that are whitened without chlorine or stick with washable dishcloths. By purchasing recycled paper products you're preventing trees from being chopped down, and paper waste from ending up in landfills. In addition, less energy and water is required to produce a recycled paper product.

6. I will consider whether my meal came from the farm or the factory.

Big agriculture isn't all bad. Everyone has a guilty culinary pleasure that comes from a big factory (see: Oreos, and Cap'n Crunch).

Give Free Food to Rescued Animals

All you animal lovers, this is pretty simple... Please tell ten friends to tell ten today! The Animal Rescue Site is having trouble getting enough people to click on it daily to meet their quota of getting free food donated every day to abused and neglected animals.

It takes less than a minute to go to their site and click on the purple box "fund food for animals" for free. This doesn't cost you a thing. Their corporate sponsors/advertisers use the number of daily visits to donate food to abandoned/neglected animals in exchange for advertising.

Here's the web site! Pass it along to people you know: <http://www.theanimalrescue site.com/>

But while you're worrying about your own carbon footprint, remember that your food has one too. Think of how many miles your food has traveled (do you really need berries from Chile?), how many chemicals are used, and how much pollution and waste have been generated in the production of your foodstuffs. Support local agriculture by shopping for food at a farmers market. The goods will be fresh, and you might enjoy meeting some of the people who grew your dinner.

7. I will take a day off from road rage and take mass transit or car-pool one day a week.



If you have public transportation options available to you, try switching to the train or bus one day a week. According to the American Public Transportation Association, public transportation use saves

1.4 billion gallons of gasoline each year, and can reduce household expenses by \$6,200. Plus you'll get a day off from road rage. If you don't live near public transportation, try organizing a once-a-week carpool with your neighbors or coworkers. You'll save on fuel, tolls, and reduce greenhouse gas emissions by removing cars from the road. As a bonus, you'll gain access to that exclusive carpool lane.

We have 2 new Eagle Scout projects coming up for Cherry Valley Nature Area! **Ryan Clough** a Life Scout from Troop 111 will be clearing the area around Hidden Pond, where the lovely stone fireplace was uncovered. He'll remove invasive vines, make a bench or two and attend the plantings we made last Spring. His team will also make some steps from the bike path to the fireplace. Eventually, with another project, we'll have a path down to the pond from that side. **Alan Reyes**, another Troop 111 Life scout has a project clearing out invasive species and planting trees on the hill closer to 17th St side facing I-66. This area was devastated in the hurricane of about 7 years ago, when we lost a large number of century old trees. Alan's project will compliment **Will Beckman's** work from last year, where he created paths, removed obstacles and planted trees deeper into the Valley area.

Archly Reed, Hardy Creel, Chary Elder...

...Characters in English bedroom farce, no,

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Terry Copeland (Clerk)

tcopeland@arlingtonva.us

COUNTY MANAGER

Ron Carlee rcarlee@arlingtonva.us

POLICE (Non-emergency):

703.558.2222)

Sgt. Mike Watson: 703.228.4119

mwatso@arlingtonva.us

Graffiti - David Munn

571.641.0462

dmunn@arlingtonva.us

Graffiti - Cynthia Hilton

703.525.4782 cfhilton@verizon.net

NEIGHBORHOOD WATCH -

Heather Herlock 703.228.4057

Always email Brian Bonnet a copy of what you reported to the Police - send to president@cherrydale.net

OTHER

Parks Maintenance

Howard Hudgins 703.228.6523

Replace Streetlights

www.arlingtonva.us/departments/EnvironmentalServices/dot/traffic/

just three of the thousands of anagrams contained in "Cherrydale"

What IS in a name! Well you just might be surprised when you got to this web site, www.wordsmith.org/anagram/

[index.html](#), that makes anagrams of your name or any other word for that matter. Find out what the Universe may be telling you. Are there clues and guidance to be had?

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CHERRIES JUBILEE!

Goodbye to Ron Cherry and Amy Wheelock and their twin girls who are spending a few years in Japan. And hello to **Tom and Betsey Waugh** and their children, **Charlotte** age 7, **Tate** age 5, and **Delia** age 3 who have moved into Amy and Ron's North Lincoln St. home. Tom is student teaching high school social studies in the Arlington school system.

The howling winds of December 16 could not stop a hardy group of Cherrydale carolers. The participants ranged in age from still in a stroller up to — well, let's not say. Our small group sang at about 15 houses, making it one time through



the song collection in the Cherrydale Holiday Songbook. We were very grateful for the neighbors who invited us in! We ended up at the **Wagners**, on Quincy, where we were warmly welcomed, thawed out, and fed. It was fun seeing everybody's decorations, and though apparently we frightened a few children, it was nice to see a few smiles too. Plan to join in the fun next December, and we'll hope for more clement weather.—*Katherine Christensen*

Peter Copeland, 80, passed away in his home on Saturday, December 8, 2007. He had lung cancer that had progressed from asbestosis contracted while working with the mercant marine during WWII. Capitol Hospice helped me take care of him so he was able to stay in his home during his illness. Peter was quite a character and I know most of you had seen him walking his two bassett hounds, Burwell and Rosie for years. Burwell passed about a year ago and he walked Rosie up until he was no longer able. Lately it has been me walking Rosie and our dog, Nemo. We had just gotten married this summer and he really wasn't sick until late No-

vember/early December. Our house at 4215 N, 15th St. will be going on the market. It is on two lots and is quite a grand old thing (much like Peter) but it would need a lot of work to restore it. If anyone knows a good realtor or someone that is looking to move into Cherrydale, please get in touch with me either by e-mail or phone: 703-593-5093.—*Linda Copeland*



FIZBO! (For Sale by Owner) \$799,900.00. Though we just purchased our home in April of this year and love it here in Cherrydale, we have to leave you. We're being transferred to Atlanta for a job opportunity that we cannot be pass up. —*Lisa and Rob Russell, 4034 N. 20th Road, Arlington, VA 22207, 703-626-1530. Buyers agents are welcome..*

Seniors in Action!



Seniors (55 years of age and older) may participate in all of the following activities by registering with the Office of Senior Adult Programs (\$15 annual fee which includes bi-monthly program guide, "Seniors in Action"). Applications available by calling 703-228-4744 or visiting a senior center. Additional senior information may be found on the following website: www.arlingtonva.us click on seniors. Members of the OSAP staff are available to speak at civic association meetings.

SENIOR CENTER LOCATIONS:

Langston-Brown, 2121 N. Culpeper St. (corner of Lee Hwy.) 703-228-6300

Lee, 5722 Lee Hwy. (corner N. Lexington) 703-228-0555

Madison, 3829 N. Stafford (near Walker Chapel) 703-228-5285

Culpepper Garden, 4435 N. Pershing Dr. (off Geo. Mason Dr.) 22203 703-228-4403

Walter Reed, 2909 S. 16th St. (off Walter Reed Dr. between Columbia Pike & S. Glebe)

Aurora Hills, 735 S. 18th St. (near Pentagon City) 703-228-5722

JANUARY 2008 TRIPS OFFERED BY ARLINGTON SENIOR ADULT TRAVEL, 703-228-4749

Jan. 3 U.S. Botanic Garden's poinsettia display, D.C., \$8

Jan. 7 Potomac Mills Premium Outlets, Woodbridge, \$8

Jan. 10 National Gallery of Art, Edward Hopper exhibit, \$8

Jan. 12 "Ella" at Arena Stage, Crystal City, \$65

Jan. 18 Green Building Institute, Savage, MD, \$29

Jan. 22 Dover Downs, DE, \$21

Jan. 25 Strathmore Music Center, Bethesda, "Bowfire", \$67

Jan. 26 St. Petersburg Kirov Ballet, The Kennedy Center, \$104

Call for complete listing of January trips, 703-228-4749

2008 OVERNIGHT TRIPS FOR SENIORS (703-228-4748)

Mar. 26-28 Greenbrier Resort—Sold Out

Apr. 28-May 1 Ohio Amish County

June 9-14 The Rocking Horse Ranch Resort, Highland, NY

July 14-19 Bar Harbour, ME

Sept. 8-17 Mt. Rushmore, Black Hills & Badlands, SD

CALENDAR of EVENTS at Senior Centers

Jan. 2 Duplicate bridge games, 10 a.m., Aurora Hills Senior Center, \$4; 703-228-5722

Jan., 2 Walking Club of Arl., 9:30 a.m., Culpepper Garden Senior Center, \$3; 703-228-4403

Jan., 3 Full fitness exercise class suited for beginners, 10 a.m., Lee Senior Center, \$3.50 per class which meets Tuesdays and Thursdays; 703-228-0555.

Jan. 3 Decluttering 101 and 102, two part series, 10:15 a.m., Walter Reed Senior Center, 703-228-0955

Jan. 3 The Songfellows, barbershop harmony group, 11 a.m., Culpepper Garden Senior Center, buffet lunch, \$4; 703-228-4403.

Jan. 4 Judith and Ingrid Morroy will entertain seniors at 10 a.m., Aurora Hills Senior Center followed by lunch; \$5; 703-228-5722.

Jan. 4 Voices of Arlington, new international singing group looking for new members; meet at 10 a.m. No fee, Walter Reed Senior Center, 703-228-0955.

Jan. 7 Learn how to write condensed autobiography, 11 a.m., Culpepper Garden, 703-228-4403; Free.

Jan 7 Aqua aerobics, 8:40 a.m. – 9:20 a.m., W&L pool; Tues., Jan. 8, noon-12:40 p.m., Wakefield pool. Call for days and costs, 703-228-4745.

Jan. 7 Armchair bowling, 9:30 a.m., Langston Brown Senior Center, no fee, 703-228-5321.

Jan. 8 Dick Methia, natl. finalist in NASA's Teachers in Space Program, humorous slide show, 1 p.m., Culpepper Garden Senior Center, 703-228-4403. \$5.

Jan. 8 Botanical drawing workshop, 10 a.m., Culpepper Garden, 703-228-4403. No fee.

Jan. 8 Jane Franklin Dance will teach four classes on consecutive Tuesdays, 5 p.m., Walter Reed, 703-228-0955. No fee.

Jan. 8 Medicare Advantage plans discussed, 10 a.m., Langston-Brown, 703-228-5321.

Jan. 9 Peggy Finn begins eight sessions of Yoga, 10 a.m., Aurora Hills, 703-228-5722. Cost is \$28.

Nov. 9 Learn the basics of drawing and start a sketch book, 10 a.m., Aurora Hills, 703-228-5722. Free.

Jan. 9 Learn the basic techniques of knitting, 10 a.m., Lee Senior Center, 703-228-0555; knitting needles provided. No fee.

Jan. 9 Card making, 1 p.m., Aurora Hills, 703-228-5722. \$10 for two classes.

Jan. 10 Free exercise workshop, 9:30 a.m., Aurora Hills, 703-228-5722.

Jan. 10 Pilates classes start at Madison Senior Center, 9:45 a.m. Cost is \$52.50for 15 classes; 703-228-5285.

Jan. 10 Play reading group starting, 12:30 p.m. – 2 p.m., Walter Reed, 703-228-0955; no fee.

Jan. 10 Overview of recent Alzheimer's disease research, 10:30 a.m., Langston-Brown, 703-228-5321; no fee. Also on Jan. 17, 10:15 a.m., Walter Reed, 703-228-0955.

Jan. 17 Presentation on making simple wills 1:30 p.m., Walter Reed, 703-228-0955; no fee.

Jan. 18 Evening exercise class featuring Balletone, non-impact workout, 7 p.m., Walter Reed, 703-228-0955. \$24.50 for seven classes.

Jan. 22 History of birthstones, 10:15 a.m., Walter Reed, 703-228-0955. No fee.

Jan. 23 Educational program on strokes, Langston-Brown, 703-228-5321. Free.

Jan. 23 Visit Arizona via video, 11 a.m., Walter Reed, 703-228-0955. Free.

Jan. 23 Music Club at Aurora Hills, 2 p.m., with international opera singer Regina Barker-Barzel & musician husband, Bill Barker. No fee.

Jan. 24 Learn how to use your cell phone, 10:15 a.m., Walter Reed, 703-228-0955. Free.

Jan. 30 Controlling paper clutter, 2 p.m., Aurora Hills, 703-228-5722; free.

Jan., 31 Learn about fibromyalgia, 10:15 a.m., Walter Reed, 703-228-0955

Additional activities listed in the "Seniors in Action" program guide.

ON GOING ACTIVITIES

- **Great Decisions** current events discussion group, 10a.m.-noon, and Saturdays, Culpepper Garden Senior Center. Free. Call for information, 703-228-4403

- **Ice skating**, Mondays, 8:00 a.m.-9:15 a.m., seniors only, Kettler Iceplex, Ballston Mall. Fee is \$1 which includes skate rental.

continued on page 20

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continued on page 13

Accessory dwelling, continued on page 6

owners end up NEEDING to build and rent out accessory dwellings? Yearly property taxes are already around 6,000\$ or more.

To see the entire report, go to www.arlingtonva.us/Departments/CPHD/housing/hpp/CPHDHousingHppHsgCommission.aspx. Call Fran Lunney, Coordinator of Housing Planning, Arlington Housing Division at 703.228.3785 or flunney@arlingtonva.us for more information.
—Maureen Ross



This Arlington home has space for an accessory unit in its basement.

Housing Commission to Review Draft Report on Accessory Dwellings (ADs)

Definition: An accessory dwelling is a second dwelling with kitchen and bath on a single family lot. It may be inside the main house or detached.

Timeline: If the Board decides to consider allowing ADs, a full public process would ensue. That process would include many opportunities for public input.

Subcommittee Process: Reid Goldstein, Housing Commission member, chaired the subcommittee whose members brought expertise in architecture, real estate and law. Members represented the Housing Commission, Planning Commission and Transportation Commission.

Consultations: The subcommittee consulted with a range of community organizations, other municipalities and subject matter experts. Members also met with County staff including the Zoning Administrator, parking staff, and the directors of the Housing, Planning and Inspection Services Divisions.

What Types of ADs Would Be Allowed?

Only single-family detached homes and duplexes would be permitted to add accessory dwellings. At this time, accessory dwelling units would not be permitted in townhouses. Accessory dwellings would be permitted in basements, second floors, attics, garages and other accessory structures.

How Would the County Approve ADs? Executive Summary

Each AD would need an AD Permit using a two-tier approval process: **1)** For ADs within the house, e.g. in basements: by-right when all ordinance conditions are met; and

2) ADs in detached structures: by use permit approved by the County Board. A use permit allows neighbors to provide input on the details of structures to ensure compatibility with the existing neighborhood.

The Zoning Administrator would issue the AD Permit once the building code, zoning and parking requirements were met.

How Many People Could Live in an AD?

Maximum Occupancy would be limited to two adults.

Unit Size: Detached ADs could not exceed 1,000 square feet with a footprint no larger than 650 square feet for detached units.

Owner-occupancy would be required. The owner(s) could live in either the main or accessory unit.

What Would Be Done to Avoid Parking Problems?

PARKING SURVEY: When an AD Permit application is submitted, a parking survey would be conducted to determine the amount of street parking. The parking standard for an AD Permit (65%) would be stricter than that for the current residential parking permits (75%).

OFF-STREET PARKING REQUIREMENT:

- 1) If the block is less than 65% parked, an owner would be allowed to add an AD without a parking requirement.
- 2) If the block is more than 65% parked, the following requirements apply:

EXISTING OFF-STREET	MUST BE MAINTAINED	MUST BE ADDED
No spaces	—	1 space
1 space	1 space	None
2 spaces	2 spaces	None

A future change in street parking would not affect an approved permit.

Why Legalize Accessory Dwellings?

The Zoning Ordinance currently allows only "family suites," internal accessory dwellings serving no more than two relatives of the occupant of the main dwelling. Reasons for allowing accessory dwellings are diverse and include:

- Facilitating **elders'** ability to age in place through added income or space for caregivers. The County's Elder Readiness Plan recommends that the County amend its Zoning Ordinance to allow ADs.
- Increasing **affordable home ownership** opportunities. A homeowner could qualify for as much as a 25% higher mortgage with an income-producing AD.
- Expanding the supply of **affordable rental housing** without the use of County subsidies. Most accessory dwellings, whether rented to relatives or non-relatives, have below market rents. In addition, accessory dwellings would have a broader geographic distribution.
- Providing extra income through **small landlord opportunities**.
- Accommodating **greater variety** of household budgets and circumstances.
- Fostering **investment in the existing housing stock**.

Anticipated Production Rate

Patrick Hare, a national expert on accessory dwellings has aided communities across the country in developing AD ordinances. He has found that typically one accessory dwelling per 1,000 single-family homes is added per year. Arlington has approximately 28,000 single-family detached houses. Based on Mr. Hare's findings, the anticipated production rate would be 28 ADs per year.

How Would AD Overcrowding Be Avoided?

The recommended elements of the AD Program include four components designed to address possible overcrowding. The County would require the owner to:

- 1) live on the property;
- 2) limit occupancy to no more than two adults;
- 3) limit the size of ADs to 1,000 square feet; and
- 4) grant access to code enforcement inspectors if there are complaints about the AD.

The owner-occupancy requirement provides a major incentive for careful choice of tenants since problems such as noise would

Cherrydale Tree Placement at Fire Station No. 3

# & Location	Action	Time Frame	Tree Potential	Total of promised trees	Results
1 & 2 3200 Lee Highway Bono Films	Determine ROW; secure VDOT permit	January 10, 2007 for ROW, 3 months for Permit process	2 ornamental 1 Shade trees	3	3 Cherry Trees 5/2007
3. Koons Used Car Lot	Private Property	N/A	N/A	-	
4. Median on Lee Highway by 166	File VDOT permit	3 months for permit process	5 Cherry Trees	5	4 Crapemyrtles 5/2007
5. Lee Hwy Median at Monroe St	File VDOT permit	3 months for permit process	1 Willow Oak	1	1 Willow Oak 11/2007
6. Military Road	Public ROW is less than 4 feet	N/A	N/A	-	
7 & 8. Old Lee Hwy between Stafford & Vermont Sts	Planting done Fall 2006		11 Cherry Trees replacing 3 Dead Trees: Net 8 New Trees	8	8 Cherry Trees Planted 11/2006
9. Quincy & Honda	Private Property	N/A	N/A	-	
10. West side of Quincy by 15 th St	Visit site	January	1 Cherry Tree	1	1 Red Oak 11/2007
11. East side of Quincy by 15 th St	Visit site	January	10 Trees	10	2 American Hophornbeam 5/2007 & Tree Lilac 11/2007
12. East side of Quincy, site of old bowling alley	Outside of Cherrydale Civic Association boundaries		N/A	-	
13 & 14. Entrance to & Inside Oak Grove Park	Completed		15 trees planted 11/22/06	15	15 trees planted 11/22/06
15. 15 th St south side bet Stafford & Randolph (Metro Area)	Needs complete clean-up & removal of junk trees and site evaluation	March	10 trees mix of evergreens & deciduous	10	12 Eastern Red Cedars, 1 Armstrong Red Maple planted 5/2007

16. Southwest corner of 15 th & Stafford	Currently junipers, ornamental grass & junk. Possible to clean up and replant	March	4 trees	4	
17. West side of North Stafford St. corner of 15 th St	Large ROW can be planted	May	Mix of trees	6	2 Swamp White Oaks, 4 Sweet Bay Magnolias 5/2007
18. Adopted lot south side of 15 th St by entrance to bike trail		March	1 ornamental & 1 Shade tree	2	1 'Okame' Cherry & 1 Armstrong Red Maple
19. Lower section of Cherry Valley Park	Completed 11/06		18 trees planted	18	18 trees planted
20. 1900 N Stafford St	Additional Site		1 Thornless Hawthorne	1	11/2007
21. 2114 N Pollard St	Additional Site		4 Eastern Redbuds	4	4 'Forest Pansy' Redbuds planted 5/2007
22. 2200 N Pollard St	Additional Site		2 Cherry	2	2 'Okame' Cherry Trees planted 5/2007
23. 2013 N Stafford St	Additional Site		1 Crepemyrtle	1	1 Crepemyrtle planted 5/2007

1/19/07 rev 4/10/07 rev 7/3/07 rev 12/11/07

89 total trees planted



Photo by Bob Strawn

"Ice"

by Gail Mazur

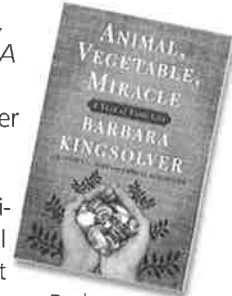
IN the warming house, children lace their skates, bending, choked, over their thick jackets. A Franklin stove keeps the place so cozy it's hard to imagine why anyone would leave, clumping across the frozen beach to the river. December's always the same at Ware's Cove, the first sheer ice, black, then white and deep until the city sends trucks of men with wooden barriers to put up the boys' hockey rink. An hour of skating after school, of trying wobbly figure-8's, an hour of distances moved backwards without falling, then—twilight, the warming house steamy

with girls pulling on boots, their chafed legs aching. Outside, the hockey players keep playing, slamming the round black puck until it's dark, until supper. At night, a shy girl comes to the cove with her father. Although there isn't music, they glide arm in arm onto the blurred surface together, braced like dancers. She thinks she'll never be so happy, for who else will find her graceful, find her perfect, skate with her in circles outside the emptied rink forever?

From *The Common*, Copyright 1995 by The University of Chicago

Garrison Keillor Meets Alice Waters Meets Michael Pollan

A Review of *Animal, Vegetable, Miracle: A Year of Food Life*
by Barbara Kingsolver



If you've been wondering how to participate in a Eat Local Challenge or if you just want to eat closer to home, Barbara Kingsolver's new book, *Animal, Vegetable, Miracle: A Year of Food Life*, will give you insight and a map to lead you through the hills and valleys of a new way of thinking about food. Kingsolver chronicles the year that she and her family committed themselves to eating a fully local diet and the trials and pleasures of such an adventure.

Kingsolver's family sets out to grow as much of their own food as possible, and any-

thing they couldn't grow, they bought from local farms. They allowed some transported foods into their diet, staples like flour and oil, and one luxury item each (coffee, chocolate, spices) if ethically produced and fairly traded. No bananas however.

The central theme of the book is the hard work it takes to base your diet on local food. It's not climbing Mt. Everest, it just feels that way. Much time and work went into her family's year-long "local food sabbatical." But how practical is local eating, especially for city folk who have jobs? Kingsolver speaks to this point: "I understand that most U.S. citizens don't have room in their lives to grow food or even see it growing. But I have trouble accepting that the next step in our journey toward nutrition is the packaged meal and takeout. Cooking is a dying art in our culture. Why, is a good question, and an uneasy one." Here and in other parts of this book Kingsolver talks about our foundering food culture. "No matter what else we do or believe," she writes, "food remains at the center of every culture. Ours now runs on empty calories."

The chapter titled "Where Fish Wear Crowns" sets what seems a vapid American

food-delivery system against the food culture of Italy. Kingsolver and her husband visited Italy during her family's food sabbatical, affording her an opportunity to make comparisons. She discovers a nation that nurtures a strong connection between rural and urban cultures, where food and the ritual of its preparation plays a central role in the daily lives of most people. This is a country where towns and villages press their own olive oil, bottle their own wine and where most people, even in cities, have gardens. Excellent food is ubiquitous, not fancy food for rich people, but everyday food for everyone.

Be ready to bookmark gardening tips, recipes, seasonal food menus, and poignant passages, including lines from a poem by Kahlil Gibran that might be spoken as a prayer of thanksgiving on the day that you "dispatch" an animal for the supper table. *Animal, Vegetable, Miracle: A Year of Food Life* is written by a novelist and a country girl who takes on the serious issues of food—its politics, its history, its rituals and its sources... and why all that matters. 🐾

affect the owner more directly than the neighbors.

The requirement to grant inspectors access to the AD is key to enforcement through documentation of the problem.

Contents of Accessory Dwelling Report

- The Accessory Dwelling report includes:
- 1) The Housing Commission's transmittal letter to the County Board;
 - 2) The Introduction;
 - 3) This Executive Summary;
 - 4) Recommended Elements of Accessory Dwellings (ADs) Program with minority opinions noted;
 - 5) Minority Reports;
 - 6) Summaries of Accessory Dwelling, Ordinance Provisions in nine other jurisdictions;
 - 7) A Summary of Community Input to the Accessory Dwelling Subcommittee; and
 - 8) Findings regarding Illegal Accessory Dwellings

How Would Illegal ADs Be Addressed?

Owners of illegal accessory dwellings would be given a grace period to obtain an Accessory Dwelling Permit from the Zoning Administrator. 🐾



Clearing Sidewalks: No Statutes, Just Common Courtesy

As Arlington continues to urbanize, pedestrians increasingly need and expect sidewalks to be cleared in residential and business neighborhoods. The County does not clear sidewalks and applauds citizens and proprietors for clearing sidewalks to help their neighbors and customers weather the storms. Sidewalks should be cleared to the surface of the pavement (to help the sun melt residual snow) at least one shovel's width within 24 hours after snowfall ceases. This makes it easier for people to

walk to school, the bus stop or Metro station, or business areas.

Use Caution with De-icers

Excess salt and other de-icing chemicals can harm pet paws, trees and plants, aquatic life, and impact drinking water supplies. Try to minimize the amount of de-icing salt that you use on driveways and sidewalks. Shoveling is the best way to clear snow from the sidewalks. The County also tries to minimize the impacts of de-icing salt during winter storms. For home use, consider using an environmentally-friendly mix of sand and sawdust and fireplace ashes instead... or salt substitutes that are less harmful, such as potassium acetate (KA) and Calcium Magnesium Acetate (CMA). Sweeping up after the snow melts reduces environmental impact.

Please lend a hand to elderly or disabled neighbors and neighbors who may be out of town, who cannot clear their own sidewalks, porches and steps. Clear access ramps to enable our wheelchair bound neighbors the access they require during these periods when mobility is particularly challenging for them - and check to see if they have enough food on hand. 🐾

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- Do you want a referral to get some work done around the house?
- Has your dog or cat wandered off for a neighborhood tour?
- Do you have something to say and share with the community?

JOIN THE CHERRYDALE LISTSERVE to get or give personal referrals, send out alerts for missing pets, voice your opinion and to stay informed about anything that may be going on in Cherrydale.

Go to www.Cherrydale.net to sign up. DO IT TODAY!



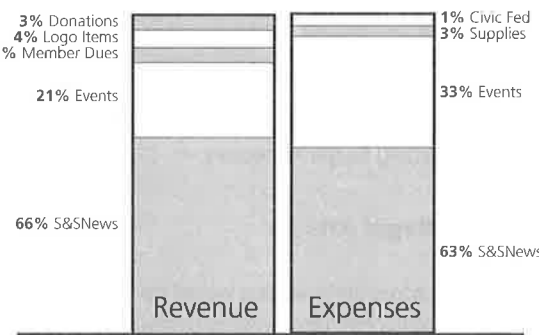
Cherrydale Citizens Association Financial Report for 2007

by Katherine Christensen, CCA Treasurer

- Your Annual Membership Dues for 2008 are due
- Support our local businesses and advertisers, as they are supporting us! And thank them and mention that you saw their ad in *Sweet and Sour News*. We also appreciate their in-kind donations, such as food, printing, discounted goods.
- If you want to propose or organize community events, financial support is available for your volunteer efforts.

The Cherrydale Citizens Association 2007 Revenues were \$10,668.50. SSN Ads accounted for \$7396.50, events generated \$2383.31, of which \$1505 was donations for the 4th of July party, memberships were \$696, logo sales were \$460, and cash donations were \$308.

Expenses in 2007 totaled \$9250.58. SSN printing was \$5864, \$3085.69 went for events, of which \$1926.52 was for the 4th of July party, supplies were \$249.38, and Civic Federation membership was \$50. The checking account balance in mid-December was \$9789.63.



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Cherries and Cream Rice Pudding

RICH AND CREAMY RICE PUDDING gets a kick of flavor and color from dried cherries. You might want to try this method with other dried fruits such as blueberries or cranberries.

INGREDIENTS:

- 5 cups half-and-half cream (see Note)
- 3/4 cup white granulated sugar
- 1/4 teaspoon salt
- 3/4 cup long grain white rice
- 1 tablespoon pure vanilla extract
- 1/2 cup dried cherries (see Note)
- 1 cup heavy whipping cream, very cold
- 1/2 cup powdered sugar



PREPARATION:

In a saucepan, bring half-and-half, white granulated sugar, and salt to a boil. Add rice and stir until combined. Bring back to a boil, reduce heat, cover, and simmer for 1 hour and 15 minutes until thick and creamy. Remove from heat, stir in vanilla extract and dried cherries. Let cool to room temperature. Cover and chill at least 4 hours. Pour whipping cream into a large bowl. With an electric mixer on high speed, whip the cream until noticeably thickened. Add confectioners' sugar and continue beating about 2 minutes. Fold half of the sweetened whipped cream into the rice pudding. Use the remaining whipped cream as a topping for the pudding.

Note: If you must, you may substitute milk for the half-and-half, but the pudding will not be as rich and creamy. Try experimenting with other dried fruits such as raisins, currants, cranberries, blueberries, or a mixture of dried fruits. Yield: 4 to 6 servings



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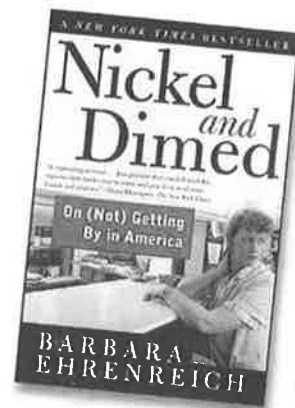
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Washington-Lee Players Present *Nickel and Dimed.*

Can a middle-aged, middle-class woman survive, when she suddenly has to make beds all day in a hotel and live on \$7 an hour? Maybe. But one \$7-an-hour job won't pay the rent: she'll have to do back-to-back shifts, as a chambermaid and a waitress. This isn't the first surprise for acclaimed author Barbara Ehrenreich, who set out to research low-wage life firsthand, confident she was prepared for the worst. Joan Holden's stage adaptation of Ehrenreich's book by the same name is a focused comic epic shadowed with tragedy. Barbara is prepared for hard work but not, at 55, for double shifts and nonstop aches and pains; for having to share tiny rooms, live on fast food because she has no place to cook, beg from food pantries, gulp handfuls of Ibuprofen because she can't afford a doctor; for failing, after all that, to make ends



meet; or for constantly having to swallow humiliation. The worst, she learns, is not what happens to the back or the knees: it's the damage to the heart. The bright glimpses of Barbara's co-workers that enliven the book become indelible portraits: Gail, the star waitress pushing fifty who can no longer outrun her troubles; Charlie, the hotel maid whose rage has burned down to disgust; Pete, the nursing home cook who retreats into fantasy; Holly, terrified her pregnancy will end her job as Team Leader at Magic Maids, and with it her 50-cent raise. These characters wage their life struggles with a gallantry that humbles Bar-

bara, and the audience. The play shows us the life a third of working Americans now lead, and makes us angry that anyone should have to live it.

Nickel and Dimed will be performed in the W-L Blackbox Theatre, Washington Lee High School, 1300 N. Quincy Street, on:
Thursday, January 31st at 7:30 pm
Friday, February 1st at 7:30 pm
Saturday, February 2nd at 7:30 pm
Tickets are \$5.00 in advance, and \$7.00 at the door.
Advance reservations may be made by calling (703-228-6200).

SWEET & SOUR NEWS sketch artist, Zach Bowman, took 1st place in visual arts at W-L High School's Reflections competition. Reflections is a PTA-sponsored program recognizing the arts – dance, film, photography, creative writing, and music, in addition to visual arts. This year's theme was "I Could Make A Difference ...". Zach's drawing was about global warming. ☺

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Cherrydale Library Happenings

LIBRARY HOURS:

Monday: 10 am-9 pm

Tuesday & Wednesday:
1 pm-9 pm

Thursday: 10 am-6 pm

Friday & Saturday: 10 am-5 pm

Sunday: Closed.

Childrens Story Hour Sessions

Call library for more information. Join us for stories, songs, finger-plays, and a craft.

Twos on the Floor. For 2-year-olds, with an adult. Thursdays at 10:15 am. Winter session begins January 17 and runs through March 13. No registration required.

Older Twos, Threes & Fours Together. For older 2-, 3- and 4-year-olds, with an adult. Thursdays at 11:15 am. Winter session begins January 17 and runs through March 13. No registration required.

Read to Me: Family Stories. All ages with an adult. Wednesdays at 4 pm for the winter session. Winter session begins January 16 and runs through March 12. No registration required.

Wobbly Walkers: 12 months & up, with an adult. Monday at 10:30 am on February 4, February 11, February 25, & March 3. PLEASE NOTE: Unlike the above programs, this one requires advance registration, which begins on January 3.

Cherrydale Library Book Discussion

Monday, February 11 at 7:30 pm

CLBD is facilitated by volunteer Joan Marik. New participants are always welcome, even if you read the book some

time ago. E-mail Suzanne Embree (suza1@comcast.net) to learn more. Call to sign up for a discussion or to reserve a title (usually available a month in advance).

No Discussion in January. Best Wishes for the Holidays! Our February books are available.

Monday, February 11, (7:30 pm): *Killer Angels* [The Pulitzer Prize Winning Classic Civil War Novel], by Michael Shaara. . . published 1974; Amazon reader rating: 4-1/2 stars (out of a possible 5 stars); 355 pages. Read and highly recommended by a woman in our group. "My favorite historical novel . . . A superb re-creation of the Battle of Gettysburg, but its real importance is its insight into what the war was about, and what it meant." —James M. McPherson, author of *Battle Cry of Freedom*. . . "Remarkable . . . A book that changed my life . . . I had never visited Gettysburg, knew almost nothing about that battle before I read the book, but here it all came alive." —Ken Burns, filmmaker, *The Civil War*. . . "Shaara carries [the reader] swiftly and dramatically to a climax as exciting as if it were being heard for the first time." —*The Seattle Times*.

Monday, March 10, (7:30): *Water for Elephants: A Novel* (Presently # 2 on Washington Post Fiction Bestseller List.), by Sara Gruen. Amazon reader rating: 4-1/2 stars (out of a possible 5 stars), 331 pages of text. "The circus, the Great Depression, a complex elephant, equally complex love, the mists and twists of memory articulated in the utterly winning voice of a very old man who's seen it all: these are the irresistible elements of *Water for Elephants*. Sara Gruen has written an utterly transporting novel richly full of the stuff of life." —*Pulitzer Prize winner Robert Olen Butler*. . . "This lushly romantic novel travels back and forth in time between Jacob's present day in a nursing home and his adventures in the surprisingly harsh world of 1930s circuses [partially based on real circus stories]. The ending of both stories is a little too cheerful to be believed, but just like a circus, the magic of the story and the writing convince you to suspend your disbelief." —*Booklist, American Library Association*

The View from My Porch

by Andy Murphy

She's a real piece of work.



Isn't that a glorious phrase, "a piece of work"? We all know what it means, sort of. It's a compliment as well as a head-shaking way to express awe at the uniqueness (and perhaps eccentricity) of a person's character, behavior, and worth.

Doris, whose husband was Cherrydale's barber for 35 years, is our neighborhood's blend of Dora the Explorer and Diego the Animal Rescuer (characters well-known to 3-to-10-year-olds and their parents).

Retired from managing a bowling alley, Doris exercises by walking to 7-11 five times a day to play Scratchers, Pick-3, etc. (usually winning more than losing) and to keep a guardian's eye on our neighborhood's goings on: lost pets, house sales, weather events, wildlife sightings (a bobcat, several foxes, and of course assorted possums and raccoons this year), the cause of a loud boom, someone's health challenges, a recent kitchen fire...anything that affects the street's life. Want to know what's going on? Ask Doris.

Always with an encouraging word and a smile, Doris greets friends, welcomes strangers, and tells terrific stories on her daily rounds; she's an anchor for our community. I always look forward to seeing her, and I cherish that she can legitimately be called a "piece of work."

P.S. Here's why it's okay to end a sentence with a preposition: As any ESL student will tell you, English is chuck-full of two- and three-word verbs; and often at least one of those words is a preposition, e.g., put up with, come in for, drop out, etc. You can't throw prepositions around, so it's not a good idea to say, "Where's he at?" But there's certainly nothing wrong with saying, "Want to know what's going on?" or "Doris is someone many people look up to." ☺



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